

# A Day to Call Your Own



Step away from the cares of your world for a wonderful day of peace and quiet.

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.**



We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: **reflect, pray, walk the property, read or just BE.** (No director is available or required.)

Mark your calendar now to take some well-deserved time for yourself.

**8:00 AM–3:30 PM**

**Monday, Sept. 18, 2023**  
[manresa-sj.org/091823-day](http://manresa-sj.org/091823-day)

**Tuesday, Oct. 24, 2023**  
[manresa-sj.org/102423-day](http://manresa-sj.org/102423-day)

**Tuesday, Nov. 21, 2023**  
[manresa-sj.org/112123-day](http://manresa-sj.org/112123-day)

**Friday, Dec. 8, 2023**  
[manresa-sj.org/120823-day](http://manresa-sj.org/120823-day)

**Fee: \$50, due at registration.**

Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.)

To register, go to the links above or phone 248.644.4933 Ext. 0.