

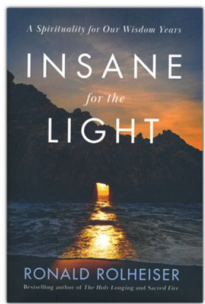


BOOK DISCUSSION

Insane for the Light: A Spirituality for Our Wisdom Years



Mondays, 6:30-8:00 PM (EST) via Zoom*
Sept. 14, 28 | Oct. 12, 26 | Nov. 9, 2026



Each phase of life presents us with its own unique opportunity to connect with God and to bless those around us—even and perhaps especially in those later decades when careers, raising kids and mortgage payments are behind us.

In his newest book *Insane for the Light*, author Ronald Rolheiser takes us on a spiritual journey through life's final years and the mellowing of our souls.

In these years, bitterness can give way to forgiveness, mere imagination to profound and subtle faith, wishful optimism to virtuous hope, and control to surrender. Rolheiser draws on the works of John of the Cross and Henri Nouwen and describes a spirituality capable of giving one's death away – and by that a spirituality of truly living.

Please read the Preface and Chapter 1 of Part One for the first session. Please reflect and journal if possible on what Seasons 1 and 2 have been like for you. What do you anticipate about Season 3?

Fee: \$60, due at registration.
Fee is non-refundable, non-transferable.

Register at
manresa-sj.org/091426-bookdisc
or phone 248.644.4933 Ext. 0.

*Zoom instructions will be emailed to registered participants prior to each session. Please sign on by 6:20 PM to resolve any technical issues.

Facilitator:



Spiritual Exercises and in retreats.

Rosemary Insley is a retired chaplain and bereavement counselor with Master's degrees in Pastoral Studies and Social Work. As a spiritual companion, she guides others in the