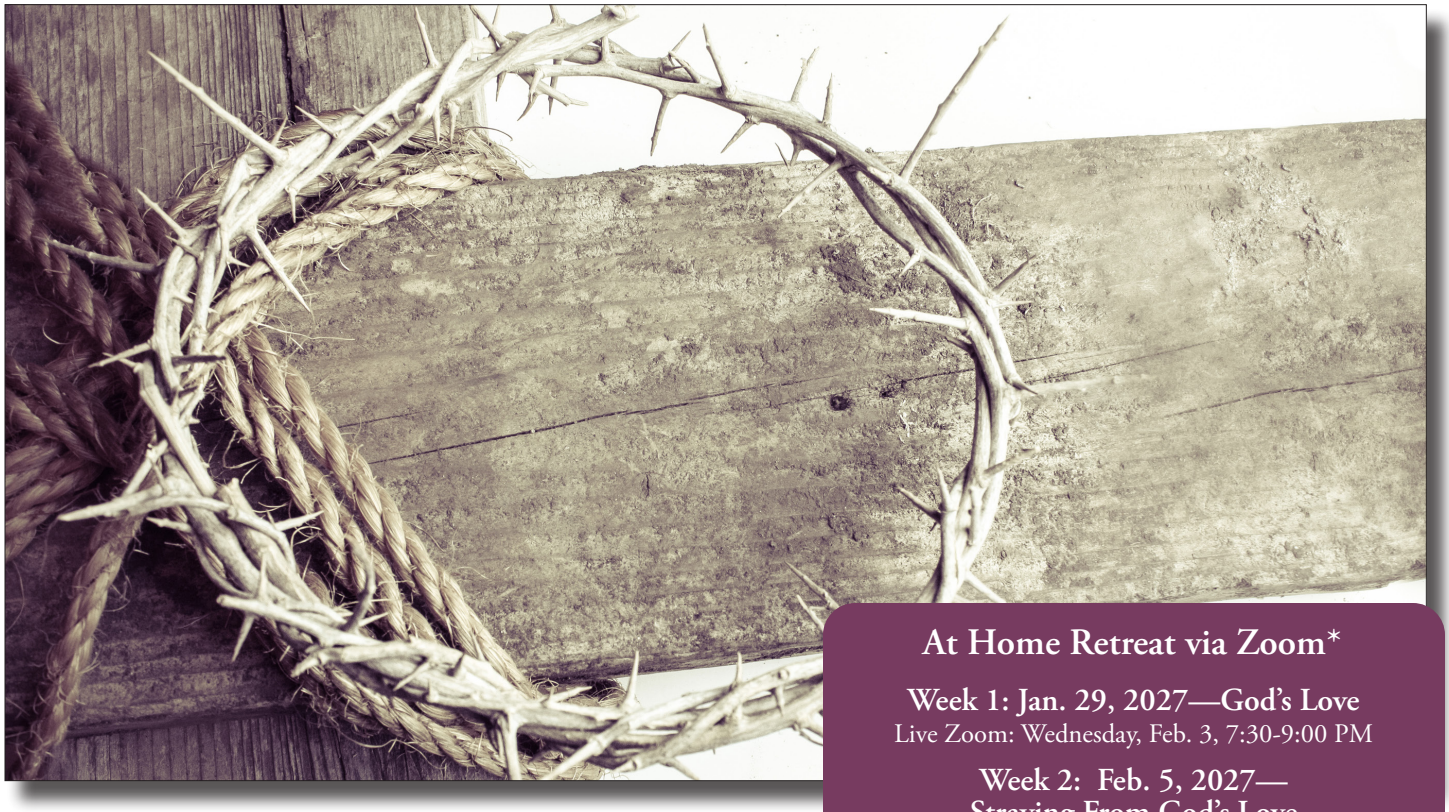
Lenten At-Home Retreat



Traditionally Lent is a time during which new believers prepare themselves to be welcomed into the church at Easter and for Christians to pray, fast and give alms in support of the new believers. Today, while we continue this tradition of prayer, fasting and almsgiving, we can find it difficult to know how to pray in a way that prepares us for the celebration of Easter.



Presenter/ Facilitator:

Fr. Steve Hurd, SJ is co-director of the Internship in Spiritual Companionship and a popular retreat director at Manresa.

This in-home retreat is an opportunity to pray our way toward Easter in a meaningful way. On the Friday before each Zoom meeting, Fr. Hurd will email a link to a pre-recorded presentation on one of the themes of St. Ignatius' Spiritual Exercises. Watch it at your convenience. The following Wednesday, you'll meet with Fr. Hurd and fellow participants via Zoom for review, sharing and conversation about the presentation. The retreat will conclude with a Sunday Afternoon Reflection at Manresa, including reflection, healing service, Mass and dinner.

We hope you'll join us for this new offering that we trust will prepare you for a very special celebration of Christ's resurrection.

At Home Retreat via Zoom*

Week 1: Jan. 29, 2027—God's Love
Live Zoom: Wednesday, Feb. 3, 7:30-9:00 PM

Week 2: Feb. 5, 2027— Straying From God's Love
Live Zoom: Ash Wednesday, Feb. 10, 7:30-9:00 PM

Week 3: Feb. 12, 2027— Returning to God's Love
Live Zoom: Wednesday, Feb. 17, 7:30-9:00 PM

Week 4: Feb. 19, 2027—Following Christ
Live Zoom: Wednesday, Feb. 24, 7:30-9:00 PM

Week 5: Feb. 26, 2027—Called by Christ
Live Zoom: Wednesday, Mar. 3, 7:30-9:00 PM

Week 6: Mar. 5, 2027— Sustaining Our Hope
Live Zoom: Wednesday, Mar. 10, 7:30-9:00 PM

Week 7: Mar. 14, 2027—Sunday Afternoon Reflection at Manresa
2:00-7:00 PM

**A link to each weekly presentation will be sent via email on the Friday before the Zoom meeting.*

Fee: $150, due at registration. Fee is non-refundable, non-transferable.
Register at **manresa-sj.org/012927-inhomeretreat** or phone 248.644.4933 Ext. 0.