

# Married Couples Retreat



## Living for the Other and Salvation of Both

Deacon John and Laura Manera, sharing personal lived experiences and useful everyday practices, will guide couples in the discovery of simple yet effective personal actions to enrich and strengthen their marriage. Improving communications, dealing with conflict and understanding outside influences that either enhance or detract from their marital relationship are discussed in a helpful and understandable way. At the conclusion of this talk, our hope is that married couples will be ready to take their marriage to new and fulfilling levels, living out the joy of marriage as God has intended.



### Retreat Directors: Deacon John and Laura Manera

Married for 43 years, John and Laura Manera continue to discover new things to love about each other. Their marriage is made strong through the grace of God in the face of tremendous losses over the years. John, who is retired from more than 40 years in the information technology industry, graduated from Sacred Heart Major Seminary (SHMS) and was ordained to the Permanent Diaconate in 2012. A former administrator and teacher, Laura earned a Basic Diploma in Pastoral Ministry from SHMS in 2009 and belongs to the Secular Order of Discalced Carmelites serving as Formation Director.

**Friday-Sunday  
July 26-28, 2024**

This retreat for traditionally married couples begins with dinner at 6:30 PM on Friday.

\$100 non-refundable, non-transferable deposit per couple due at registration.

Register at  
[manresa-sj.org/072624-mw](https://manresa-sj.org/072624-mw)  
or phone 248.644.4933  
Ext. 0.