

Manresa Memos

Issue 65 | Oct.-Nov. 2024



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

A message from the Executive Director



Sr. Linda Sevcik, SM

Dear Friends of Manresa,

At the beginning of 2024, I shared with you that Manresa would be involved in a Mission Awareness Examen, a type of evaluation initiated by our Midwest Jesuit Province this year. Many people have contributed their insights, ideas and wisdom in past months, including staff, board members, retreatants, graduates of our internship program and others who care about Manresa and its Mission.

In the report I collated from their input, some of Manresa's strengths and areas of concern are named and ways to move forward with the challenges Manresa faces are suggested. In further discussions, we hope to discern how to prioritize new ideas that have been proposed.

We are now drawing near to the conclusion of this process. Jordan Skarr, USA Midwest Provincial Assistant for Pastoral Ministries, and five others representing five Jesuit retreat houses or ministries in the US will visit Manresa October 28-30. They will study the report, meet with various groups involved in Manresa and make recommendations.

I continue to ask your prayers for this important moment in Manresa's history, that we may become more effective in this Mission that is vital to our world: to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

Blessings,

Sr. Linda Sevcik, SM
Executive Director

JOIN US

Weekday Masses

Monday to Friday
8:00 AM in the main chapel
We remember all deceased retreatants the last Friday of each month at the 8:00 AM Mass.

Tuesday Prayer

Stay for 30 minutes of private Christian meditation following 8:00 AM Mass on Tuesdays.

Make a Note of It

The house will be closed Thursday and Friday, Nov. 28-29 for the Thanksgiving Day holiday. Masses will resume on Monday, Dec. 2 at 8:00 AM.



See our 2024-25
Calendar of Events at
manresa-sj.org/events.



MANRESA JESUIT RETREAT HOUSE

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org

Marking 40 years of service to Manresa



Manresa staff members gathered recently to mark Pete Luyckx's 40 years of employment

at Manresa. Executive Director Sr. Linda Sevcik, SM commended Pete for his dedication and service to Manresa, while Associate Director Steve Raymond noted Pete's kindness, resourcefulness and ability to anticipate and solve issues.

Pete came to work for Manresa on September 13, 1984, after coming on retreat. As a community college student, he was looking for part-time work, but when then Executive Director Fr. Eugene Simon, SJ asked him if he'd be interested in caring for the grounds, he came on board full time.

Reflecting on his 40 years here, Pete said it was a much simpler operation when he began.

"We didn't have an elevator, fire suppression and alarm system or air conditioning. A lot can go wrong with those systems, and I've had to take on a lot more responsibility over the years," he said.

We are grateful for Pete's dedication to maintaining our facilities and for the care and kindness he shows everyone. God bless you, Pete.

A Day to Call Your Own



Step away from the cares of your world for a wonderful day of peace and quiet.

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting. There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.**

We provide you with a private room and a simple lunch; you decide how you want to spend the day: **reflect, pray, walk the property, read or just BE.** (No director is available or required.) Mark your calendar now to take some time to be alone with God.

8:00 AM–3:30 PM

Wednesday, Oct. 9, 2024
manresa-sj.org/100924-day

Tuesday, Nov. 19, 2024
manresa-sj.org/111924-day

Friday, Dec. 13, 2024
manresa-sj.org/121324-day



Fee: \$50 due at registration. Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.) To register, go to the links above or phone 248.644.4933 Ext. 0.



Domingos de oración contemplativa

Sunday Afternoon Contemplative Prayer



Pasa una tarde en Manresa percibiendo, reflexionando y meditando sobre temas de la espiritualidad ignaciana. Tendrás la oportunidad para practicar el silencio y la oración individual y con otros, disfrutando de la belleza de nuestros jardines, capillas e instalaciones.

Cada sesión es facilitada por un equipo de acompañantes espirituales con experiencia en la tradición ignaciana. Estos espacios de meditación y reflexión son preparados para ayudarte a cultivar tu formación espiritual, así como temas basados en discernimiento, la gratitud, la oración con las Escrituras y el examen del consiente. Cada tarde le ayudará a profundizar su fe a medida que conozca, ame y sirva mejor a Dios en su vida diaria.

Domingo de 1:30 a 5:00 PM

20 de octubre, 2024

17 de noviembre, 2024

Costo: Tu donativo es bienvenido

Se alienta a los participantes a donar a Manresa Jesuit Retreat House en apoyo de su Misión.

Para registrarse, llame al 248.644.4933 Ext. 128 o correo electrónico ignacianosdemanresa@gmail.com.

Spend a Sunday afternoon at Manresa listening, reflecting and meditating on topics of Ignatian spirituality. This is an opportunity to practice silence and prayer on your own and with others, while enjoying the beauty of our grounds and facility. Each session is facilitated by a team of Spanish-speaking spiritual companions with experience in the Ignatian tradition.

These experiences of meditation and reflection are prepared to help you cultivate your formation in Ignatian spirituality, along with discernment, gratitude, prayer with the Scriptures and examination of consciousness. Each afternoon will help you to deepen your faith as you come to know, love and serve God better in your daily life.

Sundays, 1:30-5:00 PM

October 20, 2024

November 17, 2024

Fee: Donations gratefully accepted

Participants are encouraged to donate to Manresa Jesuit Retreat House in support of its Mission.

To register, phone 248.644.4933 Ext. 128 or email ignacianosdemanresa@gmail.com.

Sunday Afternoon Reflection: For Engaged and Newlywed Couples



Sunday, Nov. 3, 2024

2:00-7:00 PM

A three-ply cord is not easily broken. These words of the ancient poet in the Book of Ecclesiastes 4:12 speak volumes to those who are called to share life with another in marriage. So where does Christian marriage fit into a modern culture that views the life-long commitment of two people as restrictive and limiting freedom?

We'll consider that question and more during this simple afternoon of prayer, reflection and sharing designed for engaged or newly married couples who desire to center their marriage in a shared life of faith. We will reflect on the riches of a marriage grounded in a mutual love of God and in a shared faith that sees our marriages as life-giving and nurturing.

Facilitators:



Mike and Karin Stewart have been married and best friends for nearly 44 years. God is very much woven into the fabric of their marriage and who they are as individuals. They have three daughters and six grandchildren. An ordained Catholic permanent deacon for the Archdiocese of Detroit, Mike serves five parishes in Monroe.

Fee: \$100 per couple due at registration.

Fee is non-refundable, non-transferable.

Register at manresa-sj.org/110324-SAR-couples or phone 248.644.4933 Ext. 0.

Sunday Afternoon Reflection: Advent

Waiting with Mary

Sunday, Dec. 8, 2024
2:00–7:00 PM

Advent is a season of waiting, of being drawn into the spiritual discipline of anticipation. Our spiritual director is Mary, the one in whom we see revealed the patience of God.

As Mary waits for the Messiah, she invites us into a way of life that welcomes the gospel through our own experience of waiting and longing.

The afternoon includes two talks, time for private prayer/devotion, Sunday Mass and a delicious meal to round out the day. Your retreat begins at 2:00 PM; however, you may arrive any time after 1:30 PM for refreshments and fellowship.

Come join us as we prepare for Christmas ... waiting with Mary.

Facilitators:



Fr. Fran Daly, SJ was ordained in 1972 and has extensive experience teaching Ignatian spirituality and leading the Spiritual Exercises. From 2014 to 2021 he was executive director of Manresa, where he continues to facilitate retreats and days of reflection.



Sr. Kathie Budesky, IHM graduated from Mundelein College with a master's degree in religious studies and spirituality and is currently the director of Visitation North Spirituality Center in Bloomfield Hills, where she is also a presenter and facilitator.

Fee: \$50 due at registration.

Fee is non-refundable, non-transferable.

Register at

manresa-sj.org/120824-SAR-advent

or phone 248.644.4933 Ext. 0.

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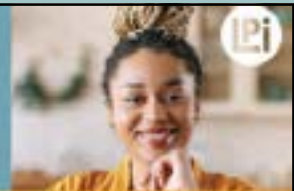
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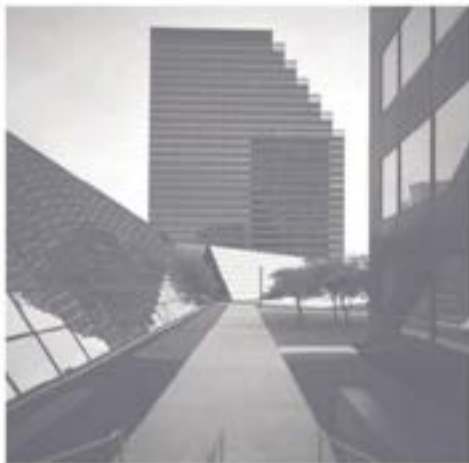


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Christian Yoga for body, mind & *spirit*

Christian Yoga is a form of prayer in which we place ourselves in a position to be present in the moment with God, with a focus on breath. **As we move through postures accompanied by meditative quiet and prayer, we find balance, strength and union of our whole self with God.** In the end, this brings us to our quiet center to be still with God and to know His peace. Join us for this healthy, healing practice in an atmosphere of prayer and meditation.



Instructor:

Mary Gresens is a graduate of Manresa's Internship in Spiritual Companionship, certified yoga instructor and first degree black belt Nia teacher.

Fee: \$120 due at registration.

Fee is non-refundable, non-transferable.

Register at manresa-sj.org/111824-yoga
or phone 248.644.4933 Ext. 0.

Winter I

Mondays, 7:00–8:00 PM (EST) via Zoom

Nov. 18, 25 | Dec. 2, 9, 16, 23, 30, 2024

Jan. 6, 13, 20, 2025



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2024 Conference Retreats

Retreats for Women

Thursday-Sunday, Oct. 10-13

Patron: Blessed Dominic Collins, SJ | **Retreat Theme:** Discipleship in the Spiritual Exercises: Creative and Challenging | **Retreat Format:** Silence | **Director:** Fr. Bob Ytsen, SJ

Friday-Sunday, Nov. 8-10

Patron: Blessed Miguel Pro, SJ | **Retreat Theme:** Living the Life of the Kingdom of God | **Retreat Format:** Silence | **Director:** Fr. Robert Flack, SJ

Friday-Sunday, Nov. 22-24 (Women in Recovery)

Patron: Fr. Edward Dowling, SJ | **Retreat Theme:** 12-Step Spirituality | **Retreat Format:** Silence and Sharing | **Director:** Sr. LuAnn Brown, BVM

Retreats for Men

Friday-Sunday, Nov. 1-3

Patron: Blessed Rupert Mayer, SJ | **Retreat Theme:** (Re)created in Christ: Meditating on Scripture and the Spiritual Exercises



of Ignatius of Loyola | **Retreat Format:** Silence and Optional Sharing | **Director:** Fr. Christopher Alt, SJ

Friday-Sunday, Dec. 6-8

Patron: St. Francis Xavier, SJ | **Retreat Theme:** Discipleship in the Spiritual Exercises: Creative and Challenging | **Retreat Format:** Silence | **Director:** Fr. Bob Ytsen, SJ

Retreats for Men & Women

Friday-Sunday, Nov. 15-17 (Jesuit Alumni and others)

Patron: St. John Berchmans, SJ | **Retreat Theme:** Ignatian Spirituality | **Retreat Format:** Silence and Sharing | **Directors:** Fr. Steve Hurd, SJ, Fr. Fran Daly, SJ and Fr. Trevor Rainwater, SJ

Individually Directed Retreats

Manresa offers directed retreats for individuals between September and April as space allows. These Out-of-Session Retreats must be a minimum of four full consecutive days and no more than eight full consecutive days. "Out-of-session" costs are \$95 per day with a \$95 non-refundable, non-transferable deposit. Those interested may call 248.644.4933 Ext. 0 for more information.

Click on date links to register for retreats or at manresa-sj.org/events. A non-refundable, non-transferable \$50 deposit per person is required for all retreats.