



Manresa Memos

Issue 73 | February-March 2026



A message from the Executive Director

Dear Friends of Manresa,



Sr. Linda Sevcik, SM

As we near the middle of our year-long celebration of Manresa's 100th Anniversary, I am happy to say it's going well.

The signs on the borders of the property remind passersby that this is a place of Sacred Encounters, and we continue to receive many confirmations of that.

When a new group of retreatants arrive, I speak at their orientation and invite them to write up a story of a Sacred Encounter they have experienced over the years, or perhaps one they will experience during the current retreat.

This brings valuable memories to mind for retreatants, and many have shared them sometime during the retreat, helping the faith of all to grow and deepen. Personally, it calls to mind the power and sacredness of Manresa and reminds me why it is so important to the area.

Recall that Manresa's grounds are open to the public most days, except when we have children present for retreats. (We ask that you call ahead and check in at the office when you arrive.) Or you can register for one of the many retreats or programs highlighted in this issue. Please come and enjoy the presence of the Lord!

God's blessings!

Sr. Linda Sevcik, SM

Sr. Linda Sevcik, SM
Executive Director

Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

JOIN US

Weekday Masses

Monday to Friday
8:00 AM in the main chapel.

We remember all deceased retreatants the last Friday of each month at the 8:00 AM Mass.

Tuesday Prayer

Stay for 30 minutes of private Christian meditation following 8:00 AM Mass on Tuesdays.

Learn More

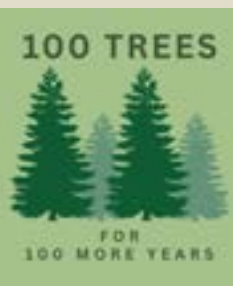
Visit manresa-sj.org/events for a full listing of our programs and retreats.



Manresa News

GROWING TOWARD OUR GOAL: 100 Trees Update

We're thrilled to share that our "100 Trees for 100 More Years" campaign is taking root! Thanks to the generosity of our faithful



supporters, **we've sold 36 trees** toward our goal of 100 Green Giant Arborvitae that will grace Manresa's

grounds for generations to come.

These magnificent trees, standing 40 to 60 feet tall at maturity, will create a natural sanctuary along our eastern property line, softening traffic noise and adding another layer of beauty to the 39 acres our retreatants cherish. Each tree represents a living legacy—a gift to future generations who will walk our grounds in prayer and contemplation.

With 64 trees remaining, we need your help to complete this vision. Your \$1,500 donation plants more than a tree; it plants hope, beauty, and faithful stewardship that will flourish well into Manresa's next century.

Join us on Arbor Day, April 24, 2026, when we'll dedicate and bless these trees and honor all donors with a commemorative plaque.

Visit manresa-sj.org/100Trees to purchase your tree today and leave a lasting impact on our common home.



100th Anniversary CELEBRATION BANQUET

Thursday, May 7, 2026

With Keynote Speaker
Archbishop Edward J. Weisenburger

Shenandoah Country Club
5600 Walnut Lake Rd, West Bloomfield Township, MI 48323

TICKETS ON SALE MARCH 2026

Celebrate a century of Manresa

Join us in honoring 100 years of spiritual growth and community. We invite Detroit-area business leaders and Manresa supporters to become sponsors of our 100th Anniversary Celebration.

Your financial sponsorship offers year-round recognition in our print and digital publications, complimentary tickets for you and your guests to our 100th Anniversary Celebration Banquet in May, prime ad space in the banquet program, and much more.

Can't afford a sponsorship?

Buy ad space in our 100th Anniversary Celebration Banquet program booklet. Ads range from \$250 to \$1,000 and offer an excellent opportunity to show your support while reaching approximately 400 attendees—including business and community leaders throughout the Detroit area. Your ad helps commemorate this historic milestone while showcasing your business or sharing a personal message of congratulations.

Help us make this milestone year extraordinary. Become a sponsor or purchase an ad today at manresa-sj.org/100years-sponsorship or contact Steve Raymond at 248.644.4933 Ext. 111 or sraymond@manresa-sj.org.

Read our Blog!

Don't miss Fr. Peter's 100th Anniversary art reflections, retreatant reflections and other inspiring posts. Go to manresa-sj.org/news.

Sundays,
2:30–4:00 PM EST via Zoom
Feb. 15, 22 | Mar. 1, 8, 15, 22



Fee: \$90 due at registration.

Fee is non-refundable, non-transferable.
Financial assistance available—no one turned away.

Register at
manresa-sj.org/021526-lentenprayer
or phone 248.644.4933 Ext. 0.

Lenten Prayer Series

Praying with the Spiritual Exercises of St. Ignatius

Deepen your prayer life this Lent through the timeless wisdom of St. Ignatius of Loyola. Join us for a six-week guided prayer experience that will enrich your spiritual practice and draw you closer to God.

This series invites you into the rich tradition of Ignatian spirituality. Between sessions, you'll be encouraged to engage in daily prayer and reading, allowing the material to take root in your heart and mind. Each session builds upon the last, creating a comprehensive experience of Ignatian prayer. The first session will provide guidance on prayer practices to support your journey throughout the series. The format for each meeting will include prayer, an overview of the week's topic and guided discussion on the week's readings in large and small groups.

Make This Lent Different

Commit to this meaningful spiritual practice and discover how the Spiritual Exercises of St. Ignatius can transform your relationship with God. Space is limited. Register today to secure your place on this sacred journey. **Note:** Participants will need their own copy of the book *Ascending with Ignatius* by Mark Thibodeaux, SJ.

Guide and Facilitator: Etta MacDonagh-Dumler, Spiritual Companion and guide for the Spiritual Exercises.

Sunday Afternoon Reflection

Echoes of Hope: A Lenten Walk with the Psalms

The Psalms, ancient songs and prayers found in the Old Testament, give voice to the full spectrum of human experience—from sorrow, longing and repentance to joy, trust and praise. During Lent, the Psalms invite believers to confront their shortcomings, seek forgiveness and find hope in God's steadfast love.

This Lenten afternoon dedicated to the Psalms is a time set aside for input, reflection, prayer and renewal. Participants will discover that meditating on the Psalms in a communal setting offers an opportunity for personal devotion and a sense of shared pilgrimage toward Easter.

Join us for the afternoon, which includes two talks, time for private prayer/devotion, Sunday Mass and a delicious meal to round out the day. Your retreat begins at 2:00 PM; however, you may arrive any time after 1:30 PM for refreshments and fellowship.

Sunday, March 15
2:00-7:00 PM

Facilitators: Fr. Fran Daly, SJ has extensive experience teaching Ignatian spirituality and leading the Spiritual Exercises and retreats. Sr. Kathie Budesky, IHM is the Director of Visitation North Spirituality Center in Bloomfield Hills.

Fee: \$60 due at registration. Fee is non-refundable, non-transferable.
Register at manresa-sj.org/031526-SAR-lent or phone 248.644.4933 Ext. 0.



A Day to Call Your Own

Step away from the cares of your world for a wonderful day of peace and quiet.

8:00 AM–3:30 PM

Thursday, Feb. 26

manresa-sj.org/022626-day

Tuesday, Mar. 31

manresa-sj.org/033126-day

Wednesday, May 27

manresa-sj.org/052726-day

Fee: \$60, due at registration.

Fee is non-refundable,
non-transferable.

Pre-registration is required.

To register, go to the links above
or phone 248.644.4933 Ext. 0.



What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.**

We provide you with a private room and a simple lunch; you decide how you want to spend the day: **reflect, pray, walk the property, read or just BE.** (No director is available or required.) Mark your calendar now to take some time to be alone with God.

Oración Contemplativa

Pase una tarde de domingo en Manresa escuchando y reflexionando sobre aspectos de la espiritualidad ignaciana mientras disfruta de la tranquilidad y la belleza de nuestras instalaciones y jardines. Las sesiones son guiada por un equipo de acompañantes espirituales con experiencia en la tradición ignaciana. Cada tarde le ayudará a profundizar su fe mediante la oración, la meditación de las escrituras y el discernimiento, a medida que aprende a conocer, amar y servir mejor a Dios en su vida diaria.

Domingo de 1:30 a 5:00 PM

22 de febrero | 22 de marzo | 12 de abril

Costo: Tu donativo es bienvenido

Se alienta a los participantes a donar a Manresa Jesuit Retreat House en apoyo de su Misión.

Para registrarse, llame al 248.644.4933 Ext. 128

o correo electrónico

ignacianosdemanresa@gmail.com.

Contemplative Prayer for Spanish Speakers

Spend a Sunday afternoon at Manresa listening and reflecting on aspects of Ignatian spirituality while enjoying the quiet and beauty of our facility and grounds. Sessions are guided by a team of Spanish-speaking spiritual companions with experience in the Ignatian tradition. Each afternoon will help you to deepen your faith through prayer, Scripture meditation and discernment as you come to know, love and serve God better in your daily life.

Sundays, 1:30-5:00 PM

Feb. 22 | Mar. 22 | Apr 12

Fee: Donations gratefully accepted

Participants are encouraged to donate to Manresa Jesuit Retreat House in support of its Mission.

To register, phone 248.644.4933 Ext. 128 or email

ignacianosdemanresa@gmail.com.

Building Relationships with Those Who Have Gone Before Us

Have you ever wished you could find peace with someone who has died? Longed for reconciliation that seems forever out of reach? The communion of saints offers profound hope—we remain connected to our loved ones, even across death. Join us for an afternoon exploring the spiritual implications of our enduring bonds with the deceased. Through reflection, prayer and guided discussion, we'll examine:

- How the communion of saints unites us across earth, heaven and purgatory
- The possibility of ongoing healing and reconciliation with those who have died
- Spiritual practices for nurturing these sacred relationships
- Finding peace when words were left unspoken

This workshop offers a contemplative space to explore questions many carry silently: Can we still communicate with those we've lost? Is it too late to make peace? How does God's love continue to bind us together? Whether you're seeking reconciliation or hoping to deepen your connection with a loved one, you'll find a welcoming community ready to journey with you.

Wednesday, March 4
1:30-4:30 PM

Fee: \$40 due at registration.
Fee is non-refundable,
non-transferable.

Register at
manresa-sj.org/030426-saints
or phone 248.644.4933 Ext. 0.

Facilitator: Sr. Linda Sevcik, SM serves as Manresa's Executive Director.

Christian Yoga for Body, Mind & *Spirit*

SPRING 2026

Mondays,
7:00–8:00 PM (EST)
via Zoom*

Mar. 2, 9, 16, 23, 30

Apr. 6, 13, 20, 27

May 4, 11, 18

Fee: \$144, due at registration.
Fee is non-refundable
non-transferable.

Register soon at
manresa-sj.org/030226-yoga
or phone 248.644.4933 Ext. 0.

*Zoom instructions will be emailed to registered participants prior to each session.



Christian Yoga is a form of prayer that invites us to be present in the moment with God, with a focus on breath. **As we move through postures accompanied by meditative quiet and prayer, we find balance, strength and union of our whole self with God.** In the end, this brings us to our quiet center to be still with God and to know His peace. Join us for this healthy, healing practice in an atmosphere of prayer and meditation.

Instructor: Mary Gresens is a graduate of Manresa's Internship in Spiritual Companionship, certified yoga instructor and first degree black belt Nia teacher.

Saturday: A Day for You

Saturday, April 18 | 8:30 AM-4:00 PM



Step into stillness:
a day just for you
at Manresa.

After a long week filled with deadlines, distractions and demands, imagine a day that asks nothing of you—except to simply be.

Come to Manresa for a day of quiet renewal, where peace meets purpose and your soul finds space to breathe. Nestled in the heart of nature, our serene grounds invite you to leave the noise behind and rediscover your center. No schedule. No expectations. Just sacred space and silence.

You'll have your own private room and a simple, nourishing lunch. How you spend the day is entirely up to you:

- Walk the peaceful wooded trails.
- Sit in quiet reflection in the library or chapels.
- Pray, journal or read without interruption.
- Or do nothing at all—and let that be enough.

There is no morning Mass, and spiritual directors are not available or required. This is your time. Your retreat. Your renewal.

Fee: \$60, due at registration.

Fee is non-refundable, non-transferable. Pre-registration is required.

Please note: Arrival and registration at Front Office: 8:00-8:45 AM. A silent retreat will be in progress that day; please be aware of the quiet as you enter. Checkout no later than 4:00 PM.

Register at manresa-sj.org/041826-saturday or phone 248.644.4933 Ext. 0.

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Upcoming Conference Retreats

All retreats are silent unless otherwise noted, and all retreats require a non-refundable, non-transferable deposit of \$50 per person at registration. Register at manresa-sj.org/events or call 248.644.4933 Ext. 0.

Retreats for Men

Friday-Sunday, Feb. 20-22

Theme: The Good Shepherd *Director:* Fr. Robert Scullin, SJ

Friday-Sunday, Mar. 13-15

Theme: Seeds of Hope Spring Forth
Format: Silence with optional sharing
Director: Sr. Linda Sevcik, SM

Friday-Sunday, Mar. 20-22

Theme: Living the Life of the Kingdom of God *Director:* Fr. Robert Flack, SJ

Friday-Sunday, Mar. 27-29

Theme: Palm Sunday *Director:* Fr. Steve Hurd, SJ

Friday-Sunday, Apr. 24-26

Theme: Reflecting on Pope Leo's *Dilexi Te* *Director:* Fr. Robert Scullin, SJ

Retreats for Men & Women

Friday-Sunday, Feb. 27-Mar. 1

Theme: To Know Christ Jesus: The Life of Christ in Art *Director:* Fr. Peter Fennessy, SJ

Friday-Sunday, Mar. 6-8

Theme: Healing *Directors:* Fr. John Esper and Ms. Deborah Tourville

Thursday-Saturday, Apr. 2-4

Theme: Holy Week: Companions at Calvary *Director:* Fr. Robert Flack, SJ

Friday-Sunday, Apr. 10-12

Theme: Journeying with Jesus *Directors:* Fr. Fran Daly, SJ and Sr. Kathie Budesky, IHM

Friday-Sunday, Apr. 17-19

Theme: TBD *Director:* Fr. Steve Hurd, SJ

Friday-Sunday, May 1-3

Theme: Christian Meditation *Directors:* Dr. Mary Gresens, Dr. Timothy Hogan and DiAnne Patterson-Schultz | *Note:* No dinner on Friday; lunch served on Sunday.

Friday-Sunday, May 29-31

Retiro de fin de semana para hombres y mujeres de habla Hispana
Theme: Silent Retreat for Spanish-speakers
Directors: Equipo liderado por Fr. Robert Scullin, SJ *Para información adicional,* teléfono 248.644.4933 Ext. 128 o correo electrónico ignacianosdemanresa@gmail.com. *For more information,* phone 248.644.4933 Ext. 128 or email ignacianosdemanresa@gmail.com.

Retreats for Women

Friday-Sunday, Feb 13-15

Theme: An Invitation to Discipleship *Director:* Fr. Bob Ytsen, SJ

Friday-Sunday, May 8-10

Theme: Journeying with Jesus
Directors: Fr. Fran Daly, SJ & Sr. Kathie Budesky, IHM

Friday-Sunday, May 22-24

Theme: Recovery *Director:* Sr. Luann Brown, BVM