



# The Heart of Discipleship: Answering the Call to Follow Christ

To be a disciple of Jesus, a member of the community of believers, was central to the gospels and the early life of the Church. Our calling to be Christ's disciple today is so fundamental to our faith that we sometimes fail to realize its meaning.

At its core, Christian discipleship is about answering the invitation of Jesus to "Come, follow me" (Matt. 4:19). This invitation is asking for more than an intellectual or emotional response; it is about a transformative journey that touches every sphere of life. Discipleship entails surrendering to the will of God, aligning one's values and actions with the teachings of Jesus and striving to live out the gospel message in a world filled with challenges and distractions.

During the days of retreat, we will explore seven specific features of the call to discipleship: following, worshipping, witnessing, forgiving, as well as acting as a neighbor, prophet and steward. Through twice-daily talks, you will be invited to reflect on Scripture texts that serve as the biblical foundation of discipleship and consider how they illuminate the exercise of discipleship in your own lives.

## Retreat Directors



**Fr. Fran Daly, SJ** was ordained in 1972 and has extensive experience teaching Ignatian spirituality and leading the Spiritual Exercises. From 2014 to 2021 he was Executive Director of Manresa Jesuit Retreat House, where he continues to facilitate retreats and days of reflection.



**Sr. Kathie Budesky, IHM** graduated from Mundelein College with a Master's Degree in Religious Studies and Spirituality and is currently the Director of Visitation North Spirituality Center in Bloomfield Hills, where she is also a presenter and facilitator.

**Retreat for Religious Sisters**  
**Sunday, Sept. 21 to Friday, Sept. 26, 2025**



**Retreat Fee: \$450 | Register at [manresa-sj.org/092125-rs](https://manresa-sj.org/092125-rs)  
or phone 248.644.4933 Ext. 0.**