

Manresa

JESUIT RETREAT HOUSE

Dear Friend of Manresa,

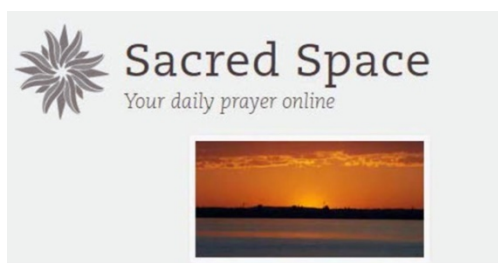
The Jesuits and staff of Manresa continue to pray for your physical and spiritual wellbeing during these challenging times. We would like to offer the following suggestions for maintaining a prayerful Jesuit connection while the stay-home order remains in effect . . .

[Ascending with Ignatius](#) A 30-day Retreat with Fr. Mark Thibodeaux, SJ

Be guided in prayer along the path of the Spiritual Exercises of St. Ignatius by watching a brief daily video with Fr. Thibodeaux, a well-known speaker, author and acknowledged expert on the topics of prayer and discernment, currently serving as pastor of Holy Name Church in New Orleans, Louisiana.



[Click here to begin Day One](#) or search "Ascending with Ignatius" on YouTube.



[Praying through the Coronavirus](#) with Sacred Space

Sacred Space, a ministry of the Irish Jesuits, offers prayers and online retreats, including a 14-day "Isolation Retreat" that is loosely based on the Spiritual Exercises.

[Click here to go to the Sacred Space Coronavirus Resource page](#)

[Click here to go to the COVID-19 Isolation Retreat](#)

[Daily Reflections](#) from Creighton University

Creighton is a Jesuit Catholic University in Omaha, Nebraska. Its Campus Ministry offers daily reflections on the Mass readings and other resources.



[Click here for Creighton's Ministry Page](#)



[Pray - Reflect - Connect](#) with the Detroit Jesuits

The Detroit Jesuits provide unique offerings each day via their website page, including music, prayers, Sunday Mass and more.

[Click here for additional information and links](#)

Yours in Christ,

A handwritten signature in cursive that reads "Francis J. Daly, SJ".

Francis J Daly, SJ
Executive Director



[Click here to visit our website.](#)