

# A Seminar in Ignatian Spirituality

Offered via Zoom Video-conferencing!



## Mini-Course One: Introducing Ignatian Spirituality

Topics include:

- The Life and Spirit of St. Ignatius
- Praying with Ignatius
- The Spiritual Exercises: An Overview
- The Dynamics of the Exercises and Ignatian Prayer

This course is for ordinary people living ordinary lives. It is a pathway to deeper prayer, good decisions guided by discernment and a life of service to others. Ignatian Spirituality sees God in all things and desires to develop a real and personal relationship with Jesus, living as His companion in service.

**October 23 & 24, 2020**

Friday 7:30-9:30 PM  
& Saturday 9:00 AM-5:00 PM

\$150 cost – deposit required at registration\*

Zoom instructions will be provided to registered participants.

**Go forth  
and set  
the world  
on fire.**

St. Ignatius Loyola

Register online at [www.manresa-sj.org/102320-MC1](http://www.manresa-sj.org/102320-MC1)  
or phone 248.644.4933 Ext. 0.

\* Note: A \$50 non-refundable, non-transferable deposit is required at time of registration. Balance is due Thursday prior to the weekend (10/22/20).

**Manresa Jesuit Retreat House – 1390 Quarton Road – Bloomfield Hills, MI 48304**