

Grief and Ignatian Discernment



Learning, listening and supporting one another through grief

Experiencing grief can help us to find new meaning in our faith, deepen our relationship with God and others, and continue to grow in knowledge of ourselves before God. – Colleen Campbell

The death of someone significant to us can be heartbreaking, leaving us with a myriad of feelings that are often difficult to process. The good news is we don't have to go it alone.

With the Ignatian Rules of Discernment to guide us, the Grief Group at Manresa is designed to support you in your loss. We will meet in a small group by Zoom for learning, listening and supporting one another.

Don't grieve alone. Allow the care, concern and experiences of others help you heal and grow.



Group Leader

Sr. Linda Sevcik, SM, Manresa's Executive Director, is a licensed clinical professional counselor. Her ministerial experience includes teaching, counseling and spiritual direction.

Wednesdays, 2:00–3:30 PM

Sept. 8, 15, 22 & 29;

Oct. 6, 13, 20 & 27;

Nov. 3, 10, 17;

Dec. 1, 2021

Meeting via Zoom

Limit of 12 participants

No Fee.

Donations gratefully accepted.

Participants are encouraged to donate to Manresa Jesuit Retreat House in support of its Mission to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

Register soon at manresa-sj.org/090821-grief or phone 248.644.4933 Ext. 0.



MANRESA JESUIT RETREAT HOUSE

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org