

# A Seminar in Ignatian Spirituality



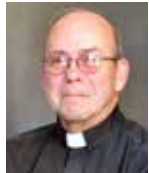
## Mini-Course I: Introducing Ignatian Spirituality

This course is for ordinary people living ordinary lives. It is a pathway to deeper prayer, good decisions guided by discernment, and a life of service to others. Ignatian Spirituality sees God in all things and desires to develop a real and personal relationship with Jesus, living as His companion in service.

Topics include:

- The Life and Spirit of St. Ignatius
- Praying with Ignatius
- The Spiritual Exercises: An Overview
- The Dynamics of the Exercises and Ignatian Prayer

### Synthesis Facilitators



Fr. Steve Hurd



Ms. Ann Dillon

Fr. Steve Hurd, SJ has been on the Manresa staff for the last nine years. He is Co-director of the Internship in Spiritual Companionship and a popular retreat director. Ms. Ann Dillon is Co-director of the Internship in Spiritual Companionship and a trained spiritual director. She guides retreatants through directed retreats and the Spiritual Exercises.

**Saturday, Nov. 20, 2021**  
**1:00-4:00 PM**

Participants view four to five pre-recorded presentations prior to meeting via Zoom\* for a half-day synthesis.

**Course Fee: \$125**

Fee is non-refundable and non-transferable.

To allow time to view presentations, register no later than Nov. 12, 2021.

\* Zoom instructions will be provided after paid registration.

Register online at [manresa-sj.org/112021-MCI](https://manresa-sj.org/112021-MCI) or phone 248.644.4933 Ext. 0.



**MANRESA JESUIT RETREAT HOUSE**

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