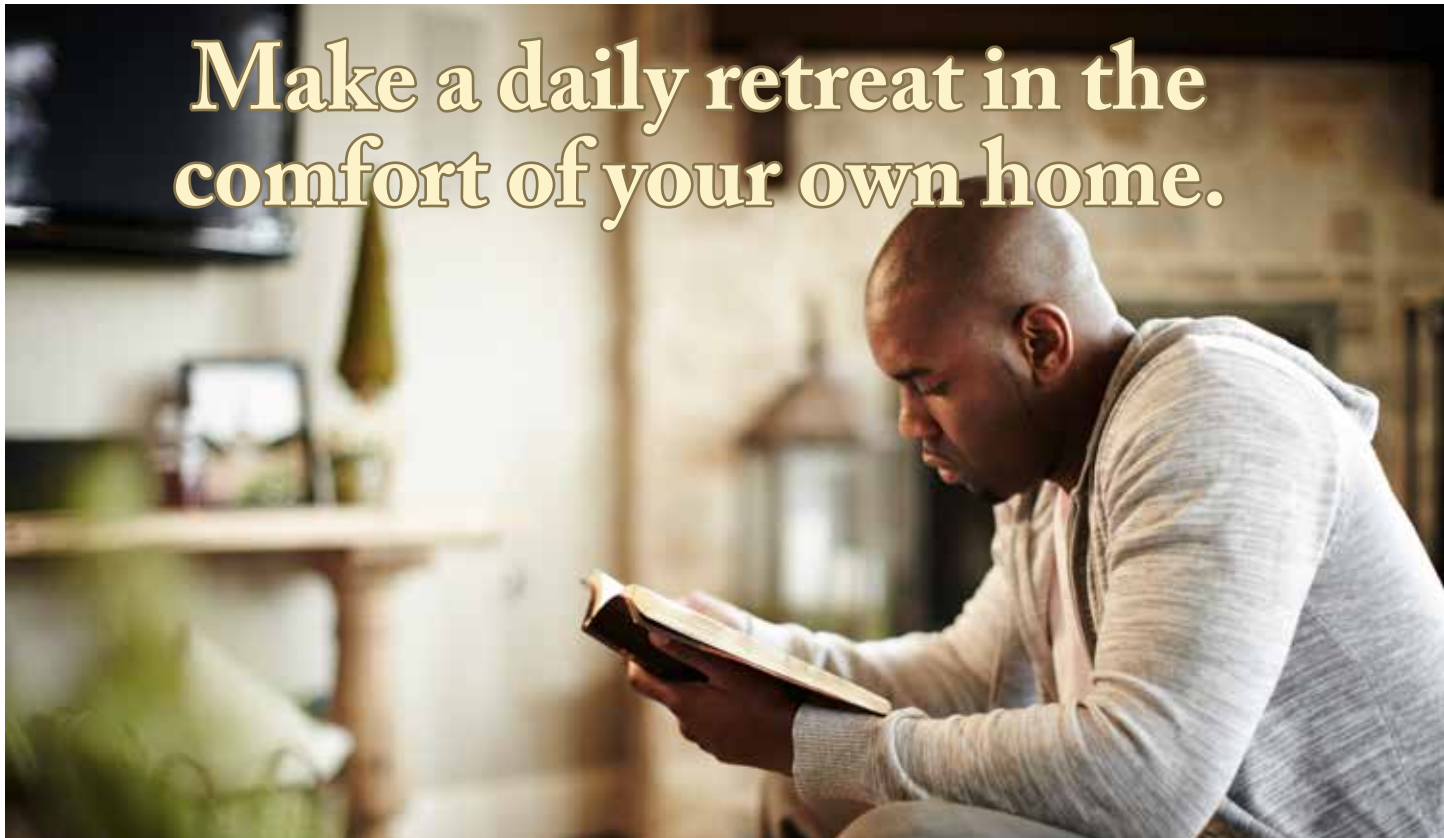


Make a daily retreat in the comfort of your own home.



A home retreat that starts whenever you are ready and lasts for eight weeks



Based on the Spiritual Exercises of St. Ignatius of Loyola, this retreat will help you to:

- Learn the Ignatian method of prayer and discernment
- Deepen your relationship with God
- Have a greater awareness of God's presence in your daily life

To make this retreat, you will need to pray daily for 30 minutes (in your home) and meet weekly with a spiritual director (via Zoom, Facetime, phone or in person).

After you register, Ann Dillon, Manresa's Director of Ignatian Formation, will contact you for your desired start date and preferred method of meeting before matching you with a spiritual director who will provide you with a website for the retreat materials.

Retreat Fee: \$120, payable upon registration.

Non-refundable and non-transferable.

Register at manresa-sj.org/home-retreat or phone 248.644.4933 Ext. 0.

“
Ignatian Spirituality has never been about ‘leaving the world.’ It has always been about finding God in our world — finding God where I live, in the midst of my problems, struggles, challenges, and desires. It is about growing in perspective, freedom, and the ability to give myself in service more generously.
”

~ Creighton University
Online Ministries



MANRESA JESUIT RETREAT HOUSE

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org