

Fall Outdoor Meditation

Sunday, October 24, 2021 | 2:00-6:00 PM

Fall's inviting aroma permeates the air. A cool breeze brushes across your face as the sound of leaves crunching underfoot signals the end of a season and the beginning of something new. Painted with a palette of nature's richest colors, the trees call your attention to the splendor of God's beauty and presence. This is the backdrop for the Fall Outdoor Meditation at Manresa.

Please join us for a Sunday afternoon outdoors (rain or shine) and discover what nature teaches us about God's splendor. You'll have time for reflection, journaling and group sharing.

Dress for your comfort outdoors and bring a journal. Dinner will be served at 5:00 PM. (COVID protocol will be observed.)

Fee: \$40 due at registration (non-refundable and non-transferable).

Register at manresa-sj.org/102421-om or phone 248.644.4933 Ext. 0.

Your Guides



Grace Seroka

Grace Seroka completed the Internship in Ignatian Spirituality and the Spiritual Exercises at Manresa in 2004. She volunteers in spiritual care at St. Joseph Mercy Hospital in Pontiac. Her greatest joy is in discovering God in the Word, people and cultures, and the outdoor world.



Joe Olesnavage

Joe Olesnavage has been a spiritual companion and facilitator of the Spiritual Exercises since completing Manresa's Internship in Ignatian Spirituality in 2008. He serves as a supervisor for the Manresa Internship program and a spiritual director in an inner healing ministry. He recently

spearheaded the Pedal and Pray Retreat in Conway, MI.