



Grief & Ignatian Discernment

Learning, listening and supporting one another through grief

Experiencing grief can help us to find new meaning in our faith, deepen our relationship with God and others, and continue to grow in knowledge of ourselves before God. – Colleen Campbell

The death of someone significant to us can be heartbreaking, leaving us with a myriad of feelings that are often difficult to process. The good news is we don't have to go it alone.

Using the Ignatian Rules of Discernment to guide us, the Grief Group at Manresa is designed to support you in your loss. We will meet in a small group by Zoom for learning, listening and supporting one another.

Don't grieve alone. Allow the care, concern and experiences of others help you heal and grow.



Group Leader

Sr. Linda Sevcik, SM, Manresa's Executive Director, is a licensed clinical professional counselor. Her ministerial experience includes teaching, counseling and spiritual direction.

Winter | Spring 2022

Thursdays,
2:00–3:30 PM (EST)

Jan. 13, 20, 27

Feb. 3, 10, 17, 24

Mar. 3, 10, 17, 24, 31

Meeting via Zoom*

Limit of 12 participants

Course Fee:

\$100, due at registration. Fee is non-refundable, non-transferable.

*Zoom instructions will be emailed to registered participants prior to each session.

Register at manresa-sj.org/011322-grief or phone 248.644.4933 Ext. 0.



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