

Manresa Memos

Issue 48 | Dec 2021-Jan 2022



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

A message from the Executive Director



Sr. Linda Sevcik, SM

Many times at Manresa, I think of “thin places.” What are they? Here’s a clear explanation written by Alan D. Wolfelt, in *Grief One Day at a Time*.

“In the Celtic tradition, “thin places” are spots where the separation between the physical world and the spiritual world seems most tenuous. They are the places where the veil between Heaven and Earth, between the holy and the everyday, are so thin that when we are near them, we intuitively sense the timeless, boundless spiritual world.”

To me, this beautiful concept describes Manresa very well. From the time I first visited Manresa decades ago, I sensed the spiritual world was very close here. I know many persons have had similar experiences.

I encourage you to renew your sense of the spiritual at Manresa through an individually directed retreat, conference retreat, class or a quiet day of reflection in the near future. Or you can come and encounter it for the first time. You are welcome here!

I wish you all a very special holiday,

Sr. Linda Sevcik, SM

Sr. Linda Sevcik, SM

Executive Director



*A little child, a shining star,
a stable rude, the door ajar.
Yet in that place, so crude, forlorn,
the Hope of all the world was born.*

—Anonymous



JOIN US

Weekday Masses

Monday to Friday
8:00 AM in the main chapel

We remember all deceased
retreatants the last Friday of each
month at the 8:00 AM Mass.

Tuesday Prayer

Stay for 30 minutes of
private Christian meditation
following 8:00 AM Mass
on Tuesdays.

The house and office will be
closed for the holidays following
morning Mass on Thursday,
Dec. 16. The house reopens on
Monday, Jan. 3, 2022 with the
Mass at 8:00 AM.



MANRESA JESUIT RETREAT HOUSE

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org



Break away for a refreshing afternoon at Manresa.

Sunday Afternoon Reflection on Advent

Would you like to make a retreat but can't get away for an entire weekend? Enjoyed a previous retreat and need a spiritual tune-up? Or are you just curious about what a retreat might be like? If so, an onsite Sunday afternoon reflection at Manresa is for you!

The afternoon includes two talks, time for private prayer/devotion, Sunday Mass and a delicious meal to round out the day. Your retreat begins at 2:00 PM; however, you may arrive any time after 1:30 PM for refreshments and fellowship.

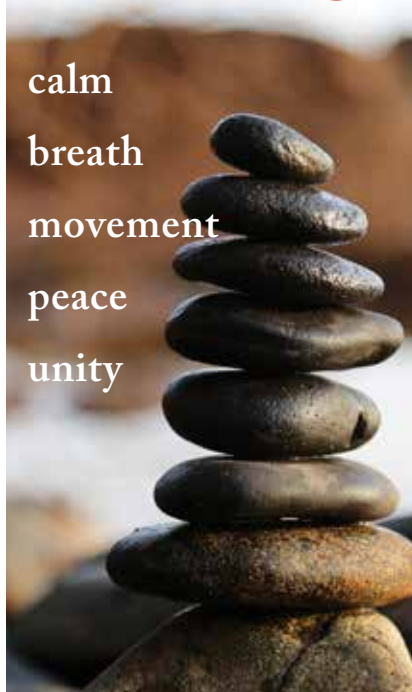
Sunday, Dec. 12, 2021
2:00-7:00 PM

Directed by Fr. Fran Daly, SJ & Sr. Kathie Budesky, IHM

Fee: \$35, payable upon registration. Fee is non-refundable, non-transferable.

Register by Dec. 7 at manresa-sj.org/121221-AR or phone 248.644.4933 Ext. 0.

Christian Yoga for mind, body & spirit



calm
breath
movement
peace
unity

Mondays, 5:00–6:00 PM (EST)
via Zoom*

Jan. 10, 17, 24, 31 | Feb. 7, 14, 21, 28 |
Mar. 7, 14, 2022

Christian Yoga is a form of prayer in which we place ourselves on this journey to be present in the moment with God, with a focus on breath.

As we move through postures accompanied by meditative quiet and prayer, we find balance, strength and union of our whole self with God. In the end, this brings us to our quiet center to be still with God and to know His peace.

Join us via Zoom for this healthy, healing practice in an atmosphere of prayer and meditation.

Instructor: Mary Gresens | **Course Fee:** \$100, payable upon registration. Fee is non-refundable, non-transferable.

*Zoom instructions will be emailed to registered participants prior to each session.

Register soon at manresa-sj.org/011022-yoga or phone 248.644.4933 Ext. 0.

A Seminar in Ignatian Spirituality Mini-Course II: Jesus of History, Christ of Faith

This course is for ordinary people living ordinary lives. It is a pathway to deeper prayer, good decisions guided by discernment, and a life of service to others. Ignatian Spirituality sees God in all things and desires to develop a real and personal relationship with Jesus, living as His companion in service.

Topics include:

- Overview of Reading Scripture
- The Infancy Narratives
- Kingdom of God: Mission & Vision
- The Ministry of Jesus
- Passion, Death and Resurrection

Synthesis Facilitators:

Fr. Steve Hurd, SJ and Ms. Ann Dillon

Register online at manresa-sj.org/012222-MCII or phone 248.644.4933 Ext. 0.

Synthesis Zoom Meeting

Saturday, Jan 22, 2022
9:00 AM-12 Noon (EST)

Links to pre-recorded presentations will be emailed to registered participants prior to Zoom synthesis meeting. Please watch these in advance of meeting.

Course Fee: \$125, due at registration. Fee is non-refundable, non-transferable.

Registration deadline is Jan. 4, 2022.



Scripture Study

Exploring the Book of Jeremiah

Tuesdays, 9:30-11:30 AM (EST)

Jan. 11 & 25 | Feb. 8 & 22 | Mar. 8 | Apr. 5 & 19, 2022

This course is offered onsite (space limited to 16) or via Zoom* video conference.

Course Fee: \$100, due at registration. Fee is non-refundable, non-transferable.

Course Instructor: Fr. Steve Hurd, SJ

*Zoom instructions will be emailed to registered Zoom participants prior to each session.

Register by Jan. 4 at manresa-sj.org/011122-scripture or phone 248.644.4933 Ext. 0.

Jeremiah was a prophet in the Kingdom of Judah during its last days. He foresaw not only the destruction of the kingdom but also the restoration of the people.

In the course of his career, he faced terrible persecution. At one point, he was thrown into a cistern and left to starve. He is reported to have been taken to Egypt shortly before the destruction of Jerusalem. One of the strongest prophets in the Old Testament, Jeremiah refused to give up on warning the people of Israel and Judah to come back to the Lord.

Please join us as we explore what this “weeping prophet’s” message of repentance and hope might be for us today.

Examen of Consciousness

Learning how to interpret the inner movements of the heart

The Examen is a fundamental practice for living out Ignatian Spirituality. Praying the Examen daily increases our attentiveness to the inner workings of the Holy Spirit, helping us to interpret the inner movements of our hearts. Despite its value, many of us struggle to make the Examen a daily habit.

This workshop during Lent will inspire us to renew our commitment to this life-changing spiritual practice. Each week we will share our thoughts on selected *Just a Guy in the Pew* podcasts by Fr. Timothy Gallagher, OMV and have discussion focused on:

- recognizing the importance of the Examen for living out a discerning life,
- exploring why this simple practice can sometimes be challenging,
- understanding how to overcome common obstacles and
- learning the five recommended steps of the Examen.

Course Leader: Sergio Pagés

Thursdays
7:00–8:30 PM (EST)

Mar. 3, 10, 17 & 24, 2022

Meeting via Zoom

Zoom instructions will be emailed to registered participants prior to each session.

Course Fee:

\$50, due at registration. Fee is non-refundable, non-transferable.

Register at

manresa-sj.org/030322-examen or phone 248.644.4933 Ext. 0.

PRAYING WITH ART

The Life of Christ

The art of the life of Christ will inspire your prayer life.

Tuesdays, 7:00-8:30 PM
Feb. 8 & 22 | Mar. 8 & 22 |
Apr. 5 & 19 | May 3, 2022

Course Fee: \$100, due at registration. Fee is non-refundable, non-transferable.

Register before Feb 1 at
manresa-sj.org/020822-art
or
phone 248.644.4933 Ext. 0.

During the Lent and Easter Seasons of 2022, we will pray with art from the final days of Jesus' life, and with His passion, death and resurrection appearances, as well as His ascension and eternal existence after the ascension. There is no required text, but we'll suggest Scripture readings for each event that is portrayed.

Join us to appreciate the art and to pray with it as well.

Course Instructors:

Fr. Peter Fennessy, SJ and Carole Sugrue.

The Call That All May Be One Weekend Retreat for Men & Women

We live in a world with people from various cultures and life experiences that have helped to shape what we think and how we respond to one another. It can be difficult to find common ground amidst increasing division.

And yet throughout the Scriptures, we hear the call to be one. How do we do that when the stakes can seem so high, when interaction with others can leave us feeling frustrated and angry?

Come and reflect on what the Gospel has to say. Engage the challenge of your divisions. Pray with all that arises and discover what can be born out of your experience.

Friday, Jan. 28, 2022
(begins at 7:00 PM - EST)
to Sunday, Jan. 30, 2022
(ends by 12:00 Noon - EST)

Onsite Cost: \$275
Online via Zoom*
Cost: \$150

Course Facilitators:
Rosemary Insley & Paula Dow

A \$50 non-refundable, non-transferable deposit is required for registration. Balance due on or before Wednesday, Jan. 26, 2022.

Register online at
manresa-sj.org/012822-one
or call 248.644.4933 Ext. 0.

*Zoom instructions will be emailed to registered participants prior to start of retreat.

LECTIO PRAYER GROUP

Engaging with the
living Word of God

Do you desire a more conversational relationship with God? Are you curious about how to find God in your daily life? If so, consider participating in Manresa's Lectio Prayer Group for men and women.

Lectio divina is rooted in Scripture, the living Word of God. By reading the Word and reflecting upon it, and how it meets our day-to-day life, a conversation between God and us begins. The process is simple and easy to learn, and you will be guided through it.

Mondays
10:00-11:15 AM (EST)
via Zoom

Jan. 10 | Feb. 14 | Mar. 14 |
Apr. 11 | May 9, 2022

Cost: Donations to Manresa are gratefully accepted.

Facilitators:

Paula Dow & Kay Dodson

To join the group and receive a Zoom link: Go to manresa-sj.org/constant-contact/ and select "Lectio Prayer Group" under the list of options near the bottom of the page.

A Day to Call Your Own



What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. Enjoy the quiet, away from the busyness of everyday life.

We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: reflect, pray, walk the property, read or just BE. (No director is available or required.)

8:00 AM–3:30 PM

Wednesday, Jan. 26, 2022
manresa-sj.org/012622-day

Monday, Feb. 21, 2022
manresa-sj.org/022122-day

Friday, Mar. 18, 2022
manresa-sj.org/031822-day

Retreat Fee:

\$50, due at registration. Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.)

To register, go to the links above or phone 248.644.4933 Ext. 0.

Thursdays in 2022
 2:00–3:30 PM (EST)

Jan. 13, 20, 27 |
 Feb. 3, 10, 17, 24 |
 Mar. 3, 10, 17, 24, 31

Meeting via Zoom*
 Limit of 12 participants

Course Fee:
 \$100, due at registration.
 Fee is non-refundable,
 non-transferable.

*Zoom instructions will be emailed to registered participants prior to each session.

Group Leader:
 Sr. Linda Sevcik, SM

Register at manresa-sj.org/011322-grief or phone 248.644.4933 Ext. 0.



Learning, listening and supporting one another through grief

The death of someone significant to us can be heartbreaking, leaving us with a myriad of feelings that are often difficult to process. The good news is we don't have to go it alone. Using the Ignatian Rules of Discernment to guide us, the Grief Group at Manresa is designed to support you in your loss. Don't grieve alone. Allow the care, concern and experiences of others help you heal and grow.

Living Nonviolent Communication:

Practical Tools to Connect & Communicate Skillfully in Every Situation

In this age of deep and sharp divisions, we need a way forward based both in communication and spirituality. *Living Nonviolent Communication: Practical Tools to Connect and Communicate Skillfully in Every Situation* by Marshall Rosenberg, Ph.D. offers us tools to defuse arguments and create compassionate connections with family, friends and others. This series of six sessions for men and women will involve reading, practice and prayer.

Please purchase the book and read the Introduction and Chapter 1 before the first session.

Register online at manresa-sj.org/030722-book or phone 248.644.4933 Ext. 0.



Mondays, 7:00-8:30 PM (EST)
 via Zoom*

Mar. 7, 14, 21 & 28 | Apr. 4 & 11

Course Fee: \$60, due at registration.
 Fee is non-refundable, non-transferable.

*Zoom instructions will be emailed to registered participants on the day of each session.

Facilitators:
 Rosemary Insley & Joe Olesnavage

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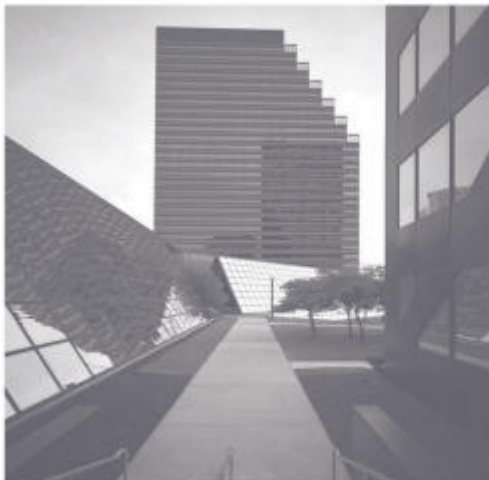


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2021/22 Conference (Preached) Retreats

Unless otherwise listed, these retreats are not restricted to the groups named. All are welcome.

DATE	RETREAT NAME	DIRECTORS
Jan. 7-9	WEEKEND RETREAT for MEN [Patron: John Courtney Murray] Bishop Gallagher K of C, Fatima/St. James, Our Lady of Refuge-Orchard Lake, Prince of Peace-W. Bloomfield, St. Perpetua-Waterford, St. Thomas (Chaldean)	Fr. Robert Flack, SJ
Jan. 11-13	MIDWEEK RETREAT for WOMEN I (Tuesday-Thursday) [Patron: The Archduchess Joan of Austria]	Fr. Peter Fennessy, SJ
Jan. 14-16	WEEKEND RETREAT for MEN [Patron: Fr. Jacques Marquette, SJ] Alhambra, Grosse Pointe Vicariate, Hengstebeck, Mother of Divine Mercy-Detroit, Charles L. Palms Jr., St. Joan of Arc	Fr. Bob Ytsen, SJ
Jan. 21-23	WEEKEND RETREAT for MEN [Patron: St. Isaac Jogues, SJ] Budd Company, Divine Child-Dearborn, Irmes Group, Kassab, Our Lady Queen of Martyrs-Beverly Hills, St. Thomas More-Troy	Fr. Jeff Putthoff, SJ
Jan. 28-30	WEEKEND RETREAT for AL-ANON WOMEN [Patron: Fr. James Cullen, SJ] NOTE: \$50 non-refundable, non-transferable deposit required.	Sr. Karen Jackson, CSC
Jan. 28-30	WEEKEND RETREAT for MEN and WOMEN <i>The Call That All May Be One</i> NOTE: \$50 non-refundable, non-transferable deposit required; balance due Jan. 26, 2022.	Ms. Rosemary Insley & Ms. Paula Dow
Feb. 4-6	WEEKEND RETREAT for MEN in RECOVERY [Patron: Fr. John C. Ford, SJ] NOTE: \$50 non-refundable, non-transferable deposit required.	Mr. Jeff Henrich
Feb. 11-13	WEEKEND HEALING RETREAT FOR MEN and WOMEN [Patron: St. John de Brebeuf, SJ] NOTE: \$50 non-refundable, non-transferable deposit required.	Fr. John Esper & Ms. Debbie Tourville
Mar. 4-6	WEEKEND RETREAT FOR MEN [Patron: St. Robert Southwell, SJ] Notre Dame, Ypsilanti Group, Fr. Bernard J. Wernert Group	Fr. Peter Fennessy, SJ

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Manresa Jesuit Retreat House

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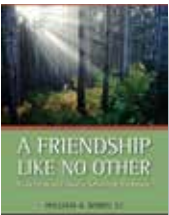


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Experiencing Friendship with God

A workshop on *A Friendship Like No Other*



“What God wants is friendship,” wrote the Jesuit spiritual director William Barry in his great book *A Friendship Like No Other*. Grounded in biblical tradition and with a clear focus on Ignatian Spirituality, Barry’s book offers a fresh, heart-changing approach to living joyfully in the freedom of the divine embrace. Join us as we delve into Fr. Barry’s insight in a five-session workshop via Zoom.

Facilitators



Jim Manney



Etta MacDonagh-Dumler

Jim Manney, retired senior editor at Loyola Press, and author of many books on Ignatian Spirituality. He was the founding editor of IgnatianSpirituality.com and contributed to the dotMagis blog.

Etta MacDonagh-Dumler is a spiritual companion trained through Manresa’s Internship in Ignatian Spirituality in companioning others through the Spiritual Exercises. A native of Ireland, Etta is a UM retiree who lives in Ann Arbor with her husband, Jon.

Winter | Spring 2022

Sundays
3:00-4:30 PM (EST)

Feb. 13 & 27 |
Mar. 13 & 27 | Apr. 10

Meeting via Zoom*

Course Fee:
\$50, due at registration.
Fee is non-refundable,
non-transferable.

Please Note:
Purchase the book prior to
the first meeting.

*Zoom instructions will
be emailed to registered
participants prior to each
session.

Register online at
[manresa-sj.org/021322-](http://manresa-sj.org/021322-friendship)
friendship or phone
248.644.4933 Ext. 0.