

Manresa Memos

Issue 49 | February-March 2022



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

A message from the Executive Director

Dear Friends,



Sr. Linda Sevcik, SM

A favorite poem of mine begins like this:

*If you could see the journey whole
you might never
undertake it;
might never dare
the first step
that propels you
from the place
you have known
toward the place
you know not.*

An excerpt from Jan Richardson's "For Those Who Have Far to Travel" in her book *Circle of Grace*, the poem was inspired by the journey of the Magi, but applies to each of us in our life's spiritual journey.

I resonate so much with the first phrase, that, if we knew, for example, in early adulthood, what our life would look like 20 or 50 years later, we might feel too overwhelmed even to begin. But God in His loving care reveals the journey in stages and offers us the courage we need. So, as Jan states later in the poem, we try "to be faithful to the next step."

Manresa strives to offer resources that will help us all to be faithful to the next stage on our journey toward God, to encourage us in our travel toward the place we know not. I invite you to look over offerings presented here and see if any of them could be helpful to you, or visit our website as listed below for other programs and retreats scheduled for later in the year.

God's blessings!

Sr. Linda Sevcik, SM

Sr. Linda Sevcik, SM
Executive Director

JOIN US

Weekday Masses

Monday to Friday
8:00 AM in the main chapel
beginning Monday, Jan. 31.

We remember all deceased
retreatants the last Friday of each
month at the 8:00 AM Mass.

Tuesday Prayer

Stay for 30 minutes of
private Christian meditation
following 8:00 AM Mass
on Tuesdays, beginning Feb. 1.

Visit our website at
manresa-sj.org
and click on Upcoming Events
to learn about all our programs
and retreats.



MANRESA JESUIT RETREAT HOUSE

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org

Praying with Art: *The Life of Christ*

The art of the life of Christ will inspire your prayer life.

Tuesdays, 7:00-8:30 PM

Mar. 1, 8 and 22 | Apr. 5, 12 & 19 | May 3, 2022

Last year we looked at some of our favorite art from the life of Christ and prayed over His Hidden Life and much of His Public Ministry. This year we present art from the final days of Jesus' life with His passion, death and resurrection appearances, as well as His ascension and eternal existence after the ascension. These are the events we will pray over during the Lent and Easter Seasons, matching as best we can the mystery with the appropriate celebrations of the Church year.

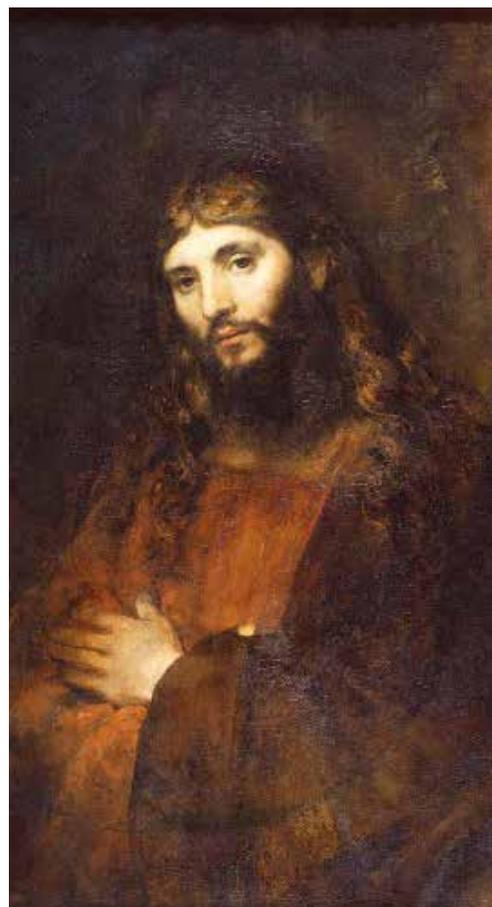
There is no required text, but we'll suggest Scripture readings for each event that is portrayed. Join us to appreciate the art and to pray with it as well.

Course Instructors:

Fr. Peter Fennessy, SJ and Carole Sugrue.

Course Fee: \$100, due at registration. Fee is non-refundable, non-transferable.

Register at
manresa-sj.org/030122-art
or phone 248.644.4933 Ext. 0.



A Day to Call Your Own

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. Enjoy the quiet, away from the busyness of everyday life.

We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: reflect, pray, walk the property, read or just BE. (No director is available or required.)

8:00 AM–3:30 PM

Monday, Feb. 21, 2022

manresa-sj.org/022122-day

Wednesday, Apr. 13, 2022

manresa-sj.org/041322-day

Friday, Mar. 18, 2022

manresa-sj.org/031822-day

Tuesday, May 24, 2022

manresa-sj.org/052422-day

Retreat Fee: \$50, due at registration. Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.)
To register, go to the links above or phone 248.644.4933 Ext. 0.

An Encounter with the Healing Christ



Light a path toward freedom, forgiveness and healing.

There are quiet places in our hearts where we store doubts, memories, fears and hurts that need the loving hand of Jesus to heal. Receive His embrace during a precious few days of quiet and serenity. In this place of peace, we can light a path toward freedom, forgiveness and healing. God is waiting for you. Don't miss the invitation.

Healing Retreat for Men & Women

Friday, Feb. 11-Sunday, Feb. 13

Arrive any time after 4:30PM on Friday, with dinner at 6:30 PM.
Retreat concludes Sunday at 12:00 Noon.

To register, go to manresa-sj.org/021122-hr or phone 248.644.4933 Ext. 0.
Space is limited. A non-refundable, non-transferable deposit of \$50 is required at time of registration.

LECTIO PRAYER GROUP

Engaging with the living Word of God

Do you desire a more conversational relationship with God? Are you curious about how to find God in your daily life? If so, consider participating in Manresa's Lectio Prayer Group for men and women.

Lectio divina is rooted in Scripture, the living Word of God. By reading the Word and reflecting upon it, and how it meets our day-to-day life, a conversation between God and us begins. The process is simple and easy to learn, and you will be guided through it.

Facilitators: Paula Dow & Kay Dodson

Mondays

10:00–11:15 AM (EST) via Zoom

Feb. 14 | Mar. 14 | Apr. 11 | May 9

Cost: Donations to Manresa are gratefully accepted.

To join the group and receive a Zoom link:
Go to manresa-sj.org/constant-contact/ and select "Lectio Prayer Group" under the list of options near the bottom of the page.

Examen of Consciousness

Learning how to interpret the inner movements of the heart

The Examen is a fundamental practice for living out Ignatian Spirituality. Praying the Examen daily increases our attentiveness to the inner workings of the Holy Spirit, helping us to interpret the inner movements of our hearts. Despite its value, many of us struggle to make the Examen a daily habit.

This workshop during Lent will inspire us to renew our commitment to this life-changing spiritual practice. In addition to listening to a podcast by Fr. Timothy Gallagher, OMV, we will focus on:

- recognizing the importance of the Examen for living out a discerning life,
- exploring why this simple practice can sometimes be challenging,
- understanding how to overcome common obstacles and
- learning the five recommended steps of the Examen.

Course Leader: Sergio Pagés

Thursdays
7:00–8:30 PM (EST)

Mar. 3, 10, 17 & 24, 2022

Meeting via Zoom

Zoom instructions will be emailed to registered participants prior to each session.

Course Fee:

\$50, due at registration. Fee is non-refundable, non-transferable.

Register at

manresa-sj.org/030322-examen
or phone 248.644.4933 Ext. 0.

A Seminar in Ignatian Spirituality: Discernment Workshop

Wednesdays
7:00–9:30 PM (EST)

PART I –
Discernment of Spirits
Feb. 2, 9, 16, 23, 2022

PART II –
Discernment of God’s Will
Mar. 9, 16, 23, 30, 2022

Each part includes four Zoom sessions with presentations and case studies. Zoom instructions will be emailed to registered participants prior to each session.

Workshop Fee: \$200

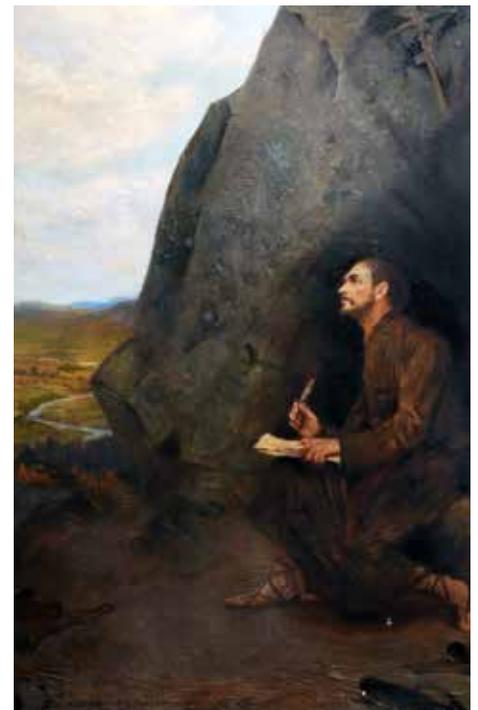
A non-refundable, non-transferable deposit of \$50 is required at time of registration. Balance due before first session begins.

Topics include:

- An analysis of Ignatius’ principles for discerning the movements of God in us
- An analysis of Ignatius’ principles for attaining freedom of heart and making decisions to live in harmony with God’s desire for us
- Practice using these principles with case studies
- Discussions in small and large group settings

Synthesis Facilitators:

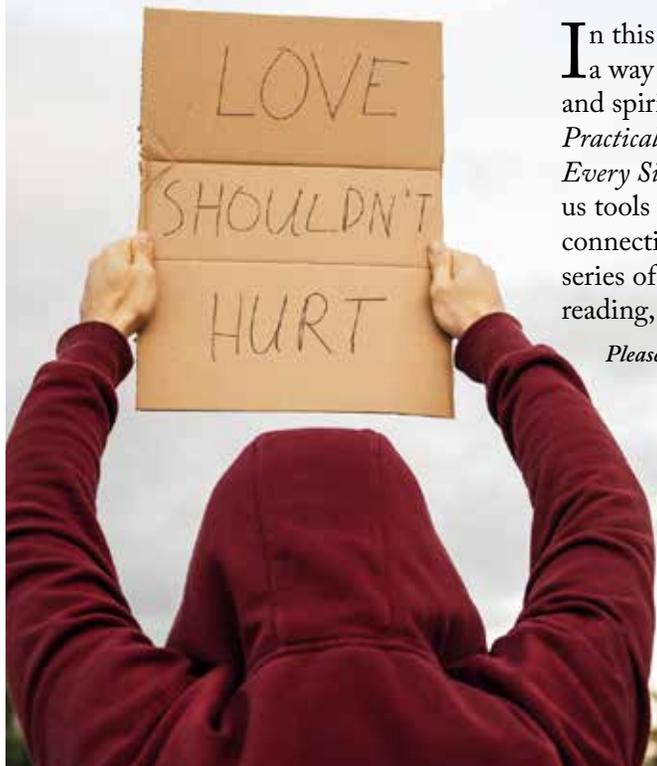
Fr. Steve Hurd, SJ & Ms. Ann Dillon



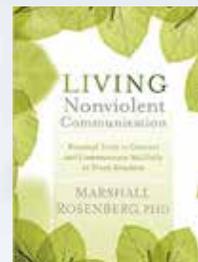
Register at manresa-sj.org/020222-discern or phone 248.644.4933 Ext. 0.

Living Nonviolent Communication:

Practical Tools to Connect & Communicate Skillfully in Every Situation



In this age of deep and sharp divisions, we need a way forward based both in communication and spirituality. *Living Nonviolent Communication: Practical Tools to Connect and Communicate Skillfully in Every Situation* by Marshall Rosenberg, Ph.D. offers us tools to defuse arguments and create compassionate connections with family, friends and others. This series of six sessions for men and women will involve reading, practice and prayer.



Please purchase the book and read the Introduction and Chapter 1 before the first session.

Mondays, 7:00-8:30 PM (EST) via Zoom*
Mar. 7, 14, 21 & 28 | Apr. 4 & 11

Facilitators: Rosemary Insley & Joe Olesnavage

Course Fee: \$60, due at registration. Fee is non-refundable, non-transferable. *Zoom instructions will be emailed to registered participants on the day of each session.

Register online at manresa-sj.org/030722-book
or phone 248.644.4933 Ext. 0.



Break away for a refreshing afternoon at Manresa.

Would you like to make a retreat but can't get away for an entire weekend? Enjoyed a previous retreat and need a spiritual tune-up? Or are you just curious about what a retreat might be like? If so, an onsite Sunday afternoon reflection at Manresa is for you!

The afternoon includes two talks, time for private prayer/devotion, Sunday Mass and a delicious meal to round out the day. Your retreat begins at 2:00 PM; however, you may arrive any time after 1:30 PM for refreshments and fellowship.

Sundays, 2:00-7:00 PM

Mar. 6, 2022 (Lenten Theme)

Directed by Fr. Leo Cachat, SJ and Ms. DiAnne Schultz
Register at manresa-sj.org/030622-AR by Mar. 1, 2022.

Apr. 3, 2022 (Lenten Theme)

Directed by Fr. Peter Fennessy, SJ
Register at manresa-sj.org/040322-AR by Mar. 21, 2022.

Fee: \$35, payable upon registration. Fee is non-refundable, non-transferable.
To register, go to the links listed above or phone 248.644.4933 Ext. 0.

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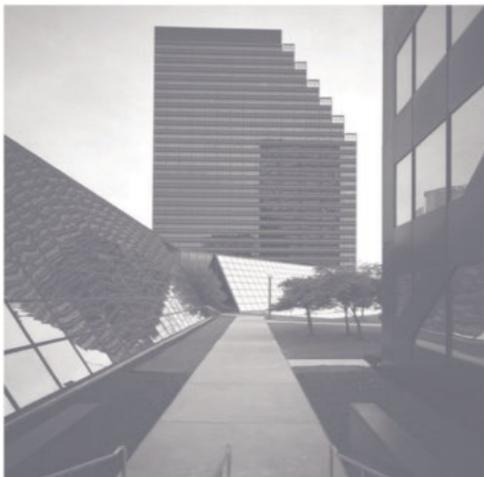
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Honor your loved ones in Manresa's Jesuit Garden

Return this form to Steve Raymond, Manresa Jesuit Retreat House, 1390 Quarton Rd., Bloomfield Hills, MI 48304 | E-mail: sraymond@manresa-sj.org | Phone: 248.644.4933 Ext. 111

Name _____

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- _____ 4x8 Bricks surrounding fountain @ \$300
- _____ 4x6 Wall of Remembrance Plaque @ \$1,000
- _____ 6x6 Wall of Remembrance Plaque @ \$2,500
- _____ 12x12 Wall of Remembrance Plaque @ \$10,000

Plaques are custom designed. Sizes may be approximate. Bricks include up to three lines of copy with up to 16 characters/spaces per line. We will contact you about the specific engraving.

Those who have remembered Manresa in their will or trust are invited to join the St. Ignatius Legacy Society. Among other benefits, members will be listed on a special plaque in the garden. **Check box if you are, or wish to become, a member.**



“May the God of hope fill you with all joy and peace as you trust in him, so that you may overflow with hope by the power of the Holy Spirit.” – Romans 15:13

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com





Manresa Jesuit Retreat House

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2022 Conference (Preached) Retreats

Unless otherwise listed, these retreats are not restricted to the groups named. All are welcome.

| DATE | RETREAT NAME | DIRECTORS |
|-----------------------|--|---|
| Feb. 11-13 | WEEKEND HEALING RETREAT for MEN and WOMEN [Patron: St. John de Brebeuf, SJ] NOTE: \$50 non-refundable, non-transferable deposit required. Space is limited. | Fr. John Esper & Ms. Debbie Tourville |
| Feb. 15-17 | MIDWEEK RETREAT for WOMEN [Patron: Archduchess Joan of Austria] Space is limited. | Fr. Peter Fennessy, SJ |
| Feb. 18-20 | RETREAT FOR MEN [Patron: Fr. John Courtney Murray, SJ] Bishop Gallagher K of C, Fatima/St. James, Our Lady of Refuge-Orchard Lake, Prince of Peace-W. Bloomfield, St. Perpetua-Waterford, St. Thomas (Chaldean) WAITING LIST ONLY | Fr. Robert Flack, SJ |
| Mar. 4-6 | WEEKEND RETREAT FOR MEN [Patron: St. Robert Southwell, SJ] Notre Dame, Ypsilanti Group, Fr. Bernard J. Wernert Group | Fr. Peter Fennessy, SJ |
| Mar. 11-13 | WEEKEND RETREAT for MEN [Patron: St. Nicholas Owen, SJ] Reuter, Christ, Our Light!, St. Anastasia | Fr. Bob Scullin, SJ |
| Mar. 25-27 | WEEKEND RETREAT FOR MEN [Patron: St. Andrew Bobola, SJ] Mother of God, Sacred Heart, St. Irenaeus-Rochester, U of D High Alumni | Fr. Robert Flack, SJ |
| Apr. 1-3 | WEEKEND RETREAT FOR MEN [Patron: Blessed Francis Page, SJ] Grand Rapids/Metamora, St. Ignatius Loyola, Wyandotte/Downriver | Sr. Linda Sevcik, SM |
| Apr. 8-10 | PALM SUNDAY WEEKEND RETREAT for MEN [Patron: St. Gabriel Lalemant, SJ] | Fr. Bob Ytsen, SJ |
| Apr. 14-16 (Th-Sa) | HOLY WEEK RETREAT FOR MEN and WOMEN [Patron: Fr. Pierre Theillard De Chardin, SJ] | Fr. Fran Daly, SJ & Sr. Kathie Budesky, IHM |
| Apr. 22-24 | WEEKEND RETREAT for MEN [Patron: St. Peter Canisius, SJ] St. Frances Cabrini K of C, St. Hugo, John Lau | Fr. Peter Fennessy, SJ |