

Manresa Memos

Issue 53 | Oct-Nov 2022



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

A message from the Executive Director



Sr. Linda Sevcik, SM

Dear Friends of Manresa,

During the past year, I have generally met in a group with retreatants who came to a Conference Retreat at Manresa for the first time. If I was unable to be present, another staff member facilitated the meeting. These Saturday morning meetings lasted around 15 minutes, and retreatants shared why they came and how things were going so far on the retreat. They communicated comments and questions. The groups ranged in number from three to 15 persons.

I always left the meetings inspired and touched by the goodness of these new retreatants. What was evident was their search for God. Many, in their experience of the pandemic, realized they wished for more in their relationship with God, and felt the retreat would be a good help. Many of them came because of someone's personal recommendation of Manresa, but some found Manresa on the internet. Some came from other states. I recall a group of women who deepened my own conversion as they shared how the simplicity of the bedrooms called them to truer values.

As the year continued, I also realized the value of the new retreatants meeting one another, showing them others were searching as they were. I can honestly say the sharing at the meetings strengthened my own faith and reminded me of why Manresa exists.

As we live this autumn season, may we seek opportunities to grow in our faith. Perhaps you will find some here.

God's blessings!

Sr. Linda Sevcik, SM
Executive Director

JOIN US

Weekday Masses

Monday to Friday
8:00 AM in the main chapel

We remember all deceased retreatants the last Friday of each month at the 8:00 AM Mass.

Tuesday Prayer

Stay for 30 minutes of private Christian meditation following 8:00 AM Mass on Tuesdays.

Learn More

Visit manresa-sj.org and click on Upcoming Events for a full listing of our programs and retreats.



MANRESA JESUIT RETREAT HOUSE

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org

Meet our Newest Staff Member

If you call the office on Monday or Friday, you will hear a new voice on the line. Annie Lepkowski joined the Manresa staff as a part-time administrative assistant in September. Working in the front office, she is responsible for answering phones, greeting visitors, processing registrations and other administrative tasks as needed.



Annie Lepkowski

A licensed social worker, Annie's career has included serving as a Parent Educator and Community Outreach Coordinator with the Ann Arbor school district and as a Peer Facilitator while at the University of Michigan School of Social Work. She also worked as a Care Counselor with the Alzheimer's Association/Greater Michigan Chapter and as the Family Support Coordinator, Next Shift Program, at Hannan Center in Detroit.

Annie earned a BA in Art History from Wheaton College and a Master of Social Work from the University of Michigan.

The mother of three grown children, Annie lives in Royal Oak and loves to spend her free time camping, hiking and bicycling, as well as reading, doing jigsaw puzzles and spending time with her family and pets.

Fall programs in progress

Many of our new fall programs began in September, but you're still welcome to participate. Please understand that the full program fee is required; programs fees are not prorated if you begin after the start date.

Sunday Afternoon Guided Contemplative Prayer in Spanish

Sundays, 1:00-4:30 PM | Remaining Sessions: Oct. 23, Nov. 13, Dec. 4

Experience contemplative prayer in Spanish guided by an experienced spiritual companion with experience in the Ignatian spiritual tradition. Each session offers reflective time to spend in silence and time for sharing. No fee, donations gladly accepted. To register, contact Claudia Rivera at 734.674.8238 or claudiasriveradgo@gmail.com.

Ignatian Spirituality Through Film & TV (via Zoom)

Wednesdays, 7:00-8:30 PM (EST) | Remaining Sessions: Oct. 5, 19 & 26

Watch selected films about our humanity in your own home using a streaming service as an act of contemplative prayer and self-reflection. Non-refundable, non-transferable fee of \$50, due at registration. Registration by phone only: 248.644.4933 Ext. 0.

Scripture Study: The Gospel of Mark (in person and via Zoom)

Tuesdays, 9:30-11:30 AM (EST) | Remaining Sessions: Oct. 11, 25; Nov. 8, 22; Dec. 6

A deep dive into Mark's fast-paced narrative and the dramatic events of Jesus' life and death. Non-refundable, non-transferable fee of \$100 due at registration. Registration by phone only: 248.644.4933 Ext. 0.

Praying with Art: The Parables

Tuesdays, 7:00-8:30 PM | Remaining Sessions: Oct. 4, 18; Nov. 1, 15; Dec. 6

Discover more about Jesus' parables and pray with the art that illustrates them. Learn Scripture, appreciate art, pray with images and draw closer to the Lord. Non-refundable, non-transferable fee of \$100 due at registration. Registration by phone only: 248.644.4933 Ext. 0.

Group for Suicide Loss Survivors

Fall Dates To Be Determined

A support group for those who have lost a loved one to death by suicide. Meets as a small group at Manresa for learning, listening and supporting one another. Allow the care, concern and experiences of others help you heal and grow. Non-refundable, non-transferable fee of \$100 due at registration. For dates and times, please call Sr. Linda Sevcik at 248.644.4933 Ext. 108.

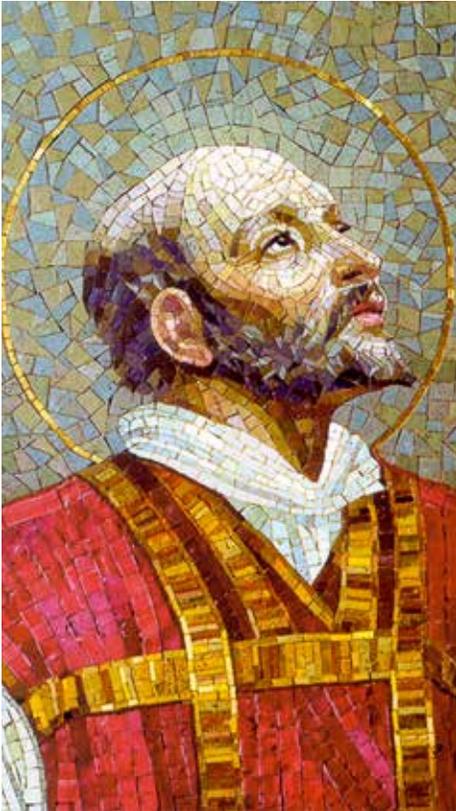
Lectio Prayer Group (via Zoom)

Mondays, 10:00-11:15 AM | Remaining Sessions: Oct. 10, Nov. 14, Dec. 12

Read the Scriptures, listen and consider how God is speaking to you in daily life. This practice can help you to grow in finding God in all things and discern your journey toward God. No fee; donations are gratefully accepted. For more information, go to manresa-sj.org/091222-lectio. To join the group, go to manresa-sj.org/constant-contact. Scroll down to the list of options near the bottom of the page. Select "Lectio Prayer Group."



Discernment in Daily Life



Understanding the deeper meaning of our experiences in daily life

One of Ignatius of Loyola's greatest gifts to followers of Christ is his teaching on discernment and decision making, which he developed, in part, from reflecting on his life experiences. In this course, you will:

Tuesdays
7:00-8:30 PM
Oct. 25 | Nov. 22

- Learn the main elements of Ignatius' rules for discernment and have an opportunity for personal reflection about their relevance for your own life experiences and decision making.
- Experience Ignatius' teaching on discernment brought into dialogue with Mihaly Csikszentmihalyi's "flow" psychology theory.
- Understand the deeper meaning of your experiences in daily life and the potential relevance of these for discernment and decision making.

Instructor:

Fr. Patrick Kelly, SJ, PhD is Associate Professor of Religious Studies at the University of Detroit Mercy. He has taught courses such as Ignatian Spirituality, Discernment and Decision Making, Jesuits in a Global Context, The Quest for God Today, and Sport and Spiritual Traditions. His most recent book is the forthcoming *Play, Sport and Spirit*.

Fee: \$40, due at registration. Fee is non-refundable, non-transferable.

Register at manresa-sj.org/102522-discern or phone 248.644.4933 Ext. 0.



Days of Reflection on Grief

Facets of Grief

These Sunday afternoon reflections focus on various types of losses. They include time for prayer, input from faith and psychological perspectives, quiet reflection time and sharing with other participants.

Each Day of Reflection is independent of the others. You are asked to register for each afternoon separately.

Facilitator:

Sr. Linda Sevcik, SM, Manresa's Executive Director, is a licensed clinical professional counselor. Her ministerial experience includes teaching, counseling and spiritual direction. She has facilitated numerous grief support groups.

Sundays, 2:00-7:00 PM
including dinner

Nov. 6, 2022
Grieving the Loss of a Son or Daughter
manresa-sj.org/110622-dor.grief

Feb. 5, 2023
Grieving following Divorce or Death of a Spouse or Partner
manresa-sj.org/020523-dor.grief

Apr. 16, 2023
Surviving after a Death by Suicide
manresa-sj.org/041623-dor.grief

Fee: \$50 per session, due at registration. Fee is non-refundable, non-transferable.

Register by going to the link listed for the individual session you want to attend or phone 248.644.4933 Ext. 0.

A Day to Call Your Own

8:00 AM–3:30 PM

Thursday, Oct. 20

manresa-sj.org/102022-day

Wednesday, Nov. 16

manresa-sj.org/111622-day

Wednesday, Dec. 7

manresa-sj.org/120722-day

Fee: \$50, due at registration.

Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.)

To register, go to the links above or phone 248.644.4933 Ext. 0.



Step away from the cares of your world.

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.** We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: **reflect, pray, walk the property, read or just BE.** (No director is available or required.) Mark your calendar now to take some well-deserved time for yourself.



Grief & Ignatian Discernment



A grief support group designed to give new meaning to your faith and deepen your relationship with God

Using the Ignatian Rules of Discernment to guide us, the Grief Group at Manresa is designed to support you in your loss. Connect with others facing the loss of a loved one. Share your grief experience if you wish and listen to others as they share theirs. Find comfort in knowing you are not alone in your grief.

We will meet in a small group by Zoom for learning, listening and supporting one another. Join us and allow the care, concern and experiences of others help you heal and grow.

Facilitator: Sr. Linda Sevcik, SM

**Wednesdays
2:00–3:30 PM (EST)
Via Zoom***

Limit of 12 participants

**Oct. 5, 12, 19, 26
Nov. 2, 9, 16, 23, 30
Dec. 7, 14**

Course Fee: \$100, due at registration. Fee is non-refundable, non-transferable.

*Zoom instructions will be emailed to registered participants prior to each session.

Register at manresa-sj.org/100522-grief or phone 248.644.4933 Ext. 0.

Experiencing the Spiritual Exercises in Daily Life

The Spiritual Exercises, developed by St. Ignatius of Loyola, offer a way to grow in prayer; to develop a real and personal relationship with God; to see more clearly God's presence in creation, your personal life story and current life circumstances; and to know Jesus more intimately, love Him more deeply and follow Him more closely.

At Manresa we offer several ways of praying and reflecting on the meditations and themes of the Spiritual Exercises in the midst of your daily life. Each experience requires a significant commitment of time for daily prayer on specific Scripture selections and weekly meetings with a director. *An offering of \$25 per session is appropriate.*



A home retreat that starts whenever you're ready

Choose the format that works best for you:

- **Eight Weeks** — Pray daily for 30 minutes for eight weeks using retreat content offered online.
- **12 Weeks** — Pray daily for 30 to 45 minutes for 12 weeks using a prayer workbook/journal with daily Scripture and reflections.
- **30 Days** — Pray daily for 30 to 45 minutes aided by 30 sequential reflections for prayer and meditation available in a book or online.
- **10 Months (19th Annotation Retreat)** — A daily commitment of 60 to 90 minutes of prayer and reflection centered on the themes of the Exercises for approximately nine or 10 months.

In addition to praying with the materials, home retreatants meet weekly with a spiritual director via Zoom, Facetime, phone or in person. Retreatants are also responsible for the cost of materials as required.

If you are interested, contact Ann Dillon, Director of Ignatian Formation, for more details at adillon@manresa-sj.org or phone 248.644.4933 Ext. 107.



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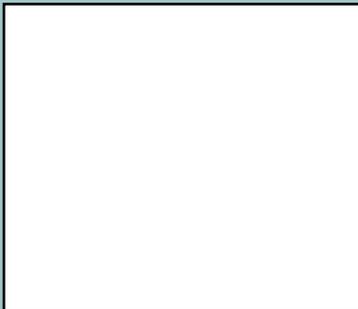
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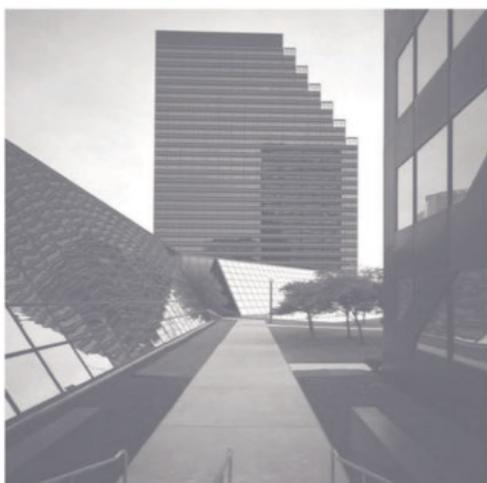
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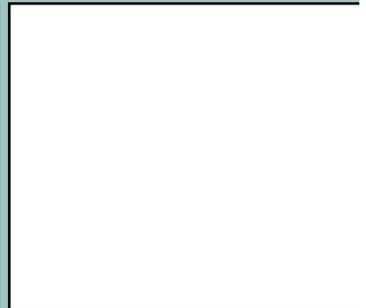
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Return this form to Steve Raymond at
 Manresa Jesuit Retreat House, 1390 Quarton Rd., Bloomfield Hills, MI 48304
 sraymond@manresa-sj.org | 248.644.4933 Ext. 111

Name _____

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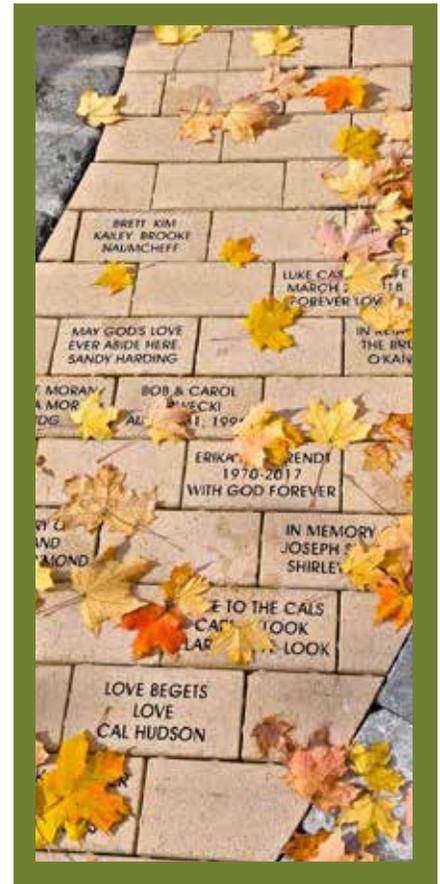
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- _____ 4 x 8 Bricks surrounding fountain @ \$300
- _____ 6 x 6 Wall of Remembrance Plaque @ \$2,500
- _____ 12 x 12 Wall of Remembrance Plaque @ \$10,000

Plaques are custom designed. Sizes may be approximate.
 Bricks include up to three lines of copy with up to 16 characters/spaces per line.
 We will contact you about the specific engraving.

Those who have remembered Manresa in their will or trust are invited to join the St. Ignatius Legacy Society. Among other benefits, members will be listed on a special plaque in the garden. **Check box if you are, or wish to become, a member.**



NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com





Manresa Jesuit Retreat House

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2022 Conference (Preached) Retreats

Non-refundable, non-transferable \$50 deposit per person required for all retreats unless otherwise noted.

Retreats for Women

Oct. 13-16 (Th-Sun)

4-DAY RETREAT VIII

[PATRON: St. Dominic Collins, SJ]

DIRECTOR: Sr. Linda Sevcik, SM

Nov. 11-13

WEEKEND RETREAT IX

[PATRON: Blessed Miguel Pro]

DIRECTOR: Fr. Peter Fennessy, SJ

Nov. 25-27

WEEKEND RETREAT

(Women in Recovery) [PATRON: Edward Dowling] DIRECTOR: Fr. Bob Ytsen, SJ

Retreats for Men

The Men's Retreats below are not restricted to the groups named. All are welcome.

Sept. 30-Oct 2

WEEKEND RETREAT

[PATRON: St. Francis Borgia, SJ] Berry Group; Feuerstein; Maher; St. Elizabeth, Tecumseh DIRECTOR: Fr. Robert Flack, SJ

Oct. 6-9 (Th-Su)

4-DAY RETREAT

[PATRON: St. John Ogilvie, SJ]

Weisenburger-Serra DIRECTOR: Fr. Robert Scullin, SJ

Oct. 21-23

WEEKEND RETREAT

[PATRON: St. Alphonsus Rodriguez, SJ] Catholic Lawyers & Physicians; Ford Tractor; Oakland St. Vincent de Paul; St. Robert/Ada/Grand Rapids DIRECTOR: Fr. Bob Ytsen, SJ

Oct. 28-30

WEEKEND RETREAT

[PATRON: St. Stanislaus Kostka, SJ] Bodde-Schweihofer; Our Lady Star of the Sea; St. Hubert, Mt. Clemens; St. Joseph, Lake Orion; St. Valerie DIRECTOR: Fr. Steve Hurd, SJ

Nov. 4-6

WEEKEND RETREAT

[PATRON: St. Rupert Mayer, SJ] Ascension; Holy Name, Birmingham; Immaculate Conception, Ira Township; St. Boniface,

Oak Harbor, OH; St. Clement, Centerline; SS. Peter and Paul Jesuit Church DIRECTOR: Fr. Joe Wagner, SJ

Dec. 2-4

WEEKEND RETREAT

[PATRON: St. Francis Xavier, SJ] Bayer, Toledo; Defiance DIRECTOR: Fr. Steve Hurd, SJ

Individually Directed Retreats

In addition to our In-Session Individually Directed Retreats in summer, Manresa offers directed retreats for individuals between September and April each year as space allows. These Out-of-Session Retreats must be a minimum of four full consecutive days and no more than eight full consecutive days. "Out-of-session" costs are \$95 per day with an \$95 non-refundable, non-transferable deposit. Those interested may call 248.644.4933 Ext. 0 for more information.