

Manresa Memos

Issue 54 | Dec. 2022-Jan. 2023



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

A message from the Executive Director

Dear Friends of Manresa,

American painter Georgia O'Keefe reflected:

"Nobody sees a flower, really—it is so small—we haven't time, and to see takes time, like to have a friend takes time."

I believe these words give us much to contemplate as we begin the season of Advent.

During this season, we could **resolve to see more attentively what is around us**, the stunning detail our Creator put into each part of His creation, including plants, other small living creatures and human beings. We would be perceiving more closely as God does, with reverent love and attention. And perhaps our vision would be transformed.

Consider O'Keefe's words "having a friend takes time." **During Advent, we could hope to grow in our friendship with God by devoting more time to God each day.** We could also endeavor to live in relationship with God with greater care and consideration, noting the small signs of our Creator all around us.

Let us pray for each other.

Sr. Linda Sevcik, SM

Executive Director



JOIN US

Weekday Masses

Monday to Friday
8:00 AM in the main chapel

We remember all deceased retreatants the last Friday of each month at the 8:00 AM Mass.

Tuesday Prayer

Stay for 30 minutes of private Christian meditation following 8:00 AM Mass on Tuesdays.

Make a Note of It

The house and office will be closed for the holidays following morning Mass on Thursday, Dec. 15. The house reopens on Monday, Jan. 2, 2023 with the Mass at 8:00 AM.

Learn More

Visit manresa-sj.org and click on Upcoming Events for a full listing of our programs and retreats.



MANRESA JESUIT RETREAT HOUSE

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | manresa-sj.org

Meet our Newest Staff Member

From a very early age, Bob Miller loved tools. His father's tools fascinated him, and when visits to his grandparents' house as a young boy got boring, he'd escape to his grandfather's tool area.



Bob Miller

"He called me 'the mechanic,'" said Bob, who still loves to work on cars and build things.

Today, he's putting his love for tools and tinkering to good use at Manresa. Bob was hired in September as the newest Buildings and Grounds Maintenance Associate, working part-time with Pete Luyckx and Dave Morgan.

"He's a great addition to our team," said Pete.

Bob, who earned a BSEE from the University of Pittsburgh, retired from a 40-year career in automotive engineering. He went back to work for a few automotive suppliers and then started a handyman business. Now his love for Manresa has called him out of retirement once again.

"It's great to be able to work in this place that has played such an important part in my faith journey," said Bob.

That journey has been nurtured by studying the Bible formally and on his own. He leads Bible studies and men's small groups and has served as coordinator for the Ignatian Spirituality Project in Detroit. Bob completed the Internship in Ignatian Spirituality and the Spiritual Exercises.

In addition to his work at Manresa, Bob enjoys teaching and ministering to others, as well as watercolor painting, running full and half marathons, fly fishing and experiencing nature.

He lives in Rochester Hills with "the love of his life," Denise, to whom he's been married for nearly 50 years. They have two grown children.

SCRIPTURE STUDY: Gospel of Matthew



Tuesdays
9:30–11:30 AM (EST)

Jan. 17 & 31 | Feb. 14
Mar. 14 & 28
Apr. 11 & 25

The Gospel of Matthew's unique portrait of Jesus as the long-awaited Messiah demonstrates how Jesus' life and ministry fulfilled God's promise of a savior for Israel and all the world. From the genealogy of Jesus back to Abraham and the dramatic moments surrounding His birth, to the Sermon on the Mount, miracles performed and His crucifixion and resurrection, Matthew paints a picture of One sent by God to free His people from sin and death.

Written for Jewish Christians in the early Church, the Gospel of Matthew continues to speak to us today of God's faithfulness while challenging us to share this Good News with others.

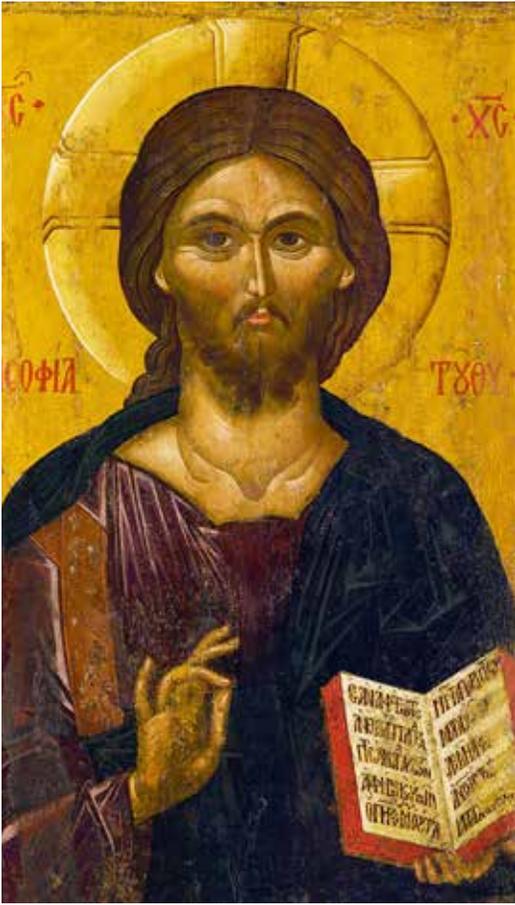
Join us as we unpack Matthew's Gospel and discover anew our Messiah, Jesus Christ.

Instructor: Fr. Steve Hurd, SJ

This course is offered onsite (space limited to 16) or via Zoom. Instructions for Zoom meetings will be emailed to registered participants prior to each session.

Fee: \$100 due at registration.
Fee is non-refundable, non-transferable.

Register at manresa-sj.org/011723-scripture
or phone 248.644.4933 Ext. 0.



Praying with Art: Eastern Rite Icons

Icons, more than any other form of art, are meant to be prayed with. Eastern Rite icons are quite different from the Western art we have concentrated on so far. The Western Church leaves artists free to paint religious images however they want; the Eastern Church provides guidelines to ensure that icons are theologically sound. That's because **icons are meant to proclaim the Gospel in images as the Scriptures do in words.**

Tuesdays, 7:00–8:30 PM
Feb. 28 | Mar. 14 & 28
Apr. 11 & 25 | May 9 & 23

Icons belong in churches, not museums; they are sacred objects for the prayer corners of our homes, not decorations for anywhere else. They not only recall historical persons and events, but they are windows into heaven that put us into direct contact with the holy persons or with the enduring heavenly reality of the events portrayed.

Please join us and experience their spiritual richness.

Instructors: Fr. Peter Fennessy, SJ and Carole Sugrue

Fee: \$100, due at registration. Fee is non-refundable, non-transferable.

Register at manresa-sj.org/022823-art or phone 248.644.4933 Ext. 0.

A Day to Call Your Own

8:00 AM–3:30 PM

Tuesday, Jan. 17

manresa-sj.org/011723-day

Monday, Feb. 13

manresa-sj.org/021323-day

Wednesday, Mar. 22

manresa-sj.org/032223-day

Wednesday, Apr. 5

manresa-sj.org/040523-day

Thursday, May 4

manresa-sj.org/050423-day

Fee: \$50, due at registration.

Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.)

To register, go to the links above or phone 248.644.4933 Ext. 0.



Step away from the cares of your world.

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.** We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: **reflect, pray, walk the property, read or just BE.** (No director is available or required.) Mark your calendar now to take some well-deserved time for yourself.



Lectio Prayer Group



**Mondays,
10:00–11:15 AM (EST)
Via Zoom***

**Jan. 9 | Feb. 13 | Mar. 13
Apr. 10 | May 8**

Engaging with the Living Word of God

Do you desire a more conversational relationship with God? **Are you curious about how to more readily encounter Christ in our world?** If so, consider participating in Manresa's Lectio Prayer Group.

Lectio divina is rooted in Scripture, the living Word of God. By reading the Word, listening and considering how God is speaking to you in daily life, you can grow in finding God in all things. This is a practice that helps you to discern your journey toward God.

Facilitators: Paula Dow and Kay Dodson

Cost: Donations to Manresa Jesuit Retreat House in support of its Mission are gratefully accepted.

To join the group: Go to manresa-sj.org/constant-contact. Scroll down to the list of options near the bottom of the page. Select "Lectio Prayer Group."

*You will receive an email reminder prior to each meeting with a Zoom link to connect to the meeting.

Christian Yoga for body, mind and spirit

Christian Yoga is a form of prayer in which we place ourselves on this journey to be present in the moment with God, with a focus on breath. **As we move through postures accompanied by meditative quiet and prayer, we find balance, strength and union of our whole self with God.** In the end, this brings us to our quiet center to be still with God and to know His peace. Join us for this healthy, healing practice in an atmosphere of prayer and meditation.



Instructor: Mary Gresens

**Mondays, 5:00–6:00 PM
(EST) via Zoom***

**Jan. 9, 16, 23 & 30
Feb. 6, 13, 20 & 27
Mar. 6 & 13**

Fee: \$100, due at registration.
Fee is non-refundable, non-transferable.

Register soon at manresa-sj.org/010923-yoga or phone 248.644.4933 Ext. 0.

*Zoom instructions will be emailed to registered participants prior to each session.

Oración Contemplativa Guiada

En la tradición ignaciana, orar con la imaginación se llama contemplación. En los Ejercicios Espirituales de Ignacio de Loyola, **la contemplación es una forma activa de oración que involucra la mente y el corazón y suscita pensamientos y emociones.**

Te invitamos los domingos por la tarde **a experimentar la oración contemplativa guiada en español.** En cada sesión tendrás un tiempo de reflexión en silencio y un espacio para compartir. Cada sesión será guiada por un acompañante espiritual con experiencia en la tradición espiritual ignaciana.

**Domingo de 1:00 a 4:30 PM
4 de diciembre, 2022
29 de enero | 19 de febrero
12 de marzo | 23 de abril
7 de mayo, 2023**

Costo: Tu donativo es bienvenido. Se alienta a los participantes a donar a Manresa Jesuit Retreat House en apoyo de su Misión.

Para inscribirse comunicarse con Claudia Rivera llamado al 734.674.8238 o por correo electrónico al claudiasriveradgo@gmail.com.

Experiencing Friendship with God

A workshop on *A Friendship Like No Other*

Sundays, 3:00-4:30 PM (EST)
via Zoom*

Jan. 22 | Feb. 5 & 19
Mar. 5 & 19

Course Fee:

\$50, due at registration. Fee is non-refundable, non-transferable.

Please Note: Purchase the book prior to the first meeting.

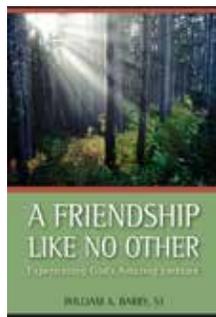
*Zoom instructions will be emailed to registered participants prior to each session.

Register online at
manresa-sj.org/012223-friendship
or phone
248.644.4933 Ext. 0.

What God wants is friendship," wrote the Jesuit spiritual director William Barry in his great book *A Friendship Like No Other*.

Grounded in biblical tradition and with a clear focus on Ignatian Spirituality, Barry's book offers a **fresh, heart-changing approach to living joyfully in the freedom of the divine embrace**. Join us as we delve into Fr. Barry's insight in a five-session workshop via Zoom.

Facilitators: Jim Manney and Etta MacDonagh-Dumler



Examen of Consciousness

Interpreting the inner movements of the heart

The Examen is a fundamental practice for living out Ignatian Spirituality. Praying the Examen daily increases our attentiveness to the inner workings of the Holy Spirit, helping us to interpret the inner movements of our hearts. Despite its value, many of us struggle to make the Examen a daily habit. This workshop during Lent will inspire a renewed commitment to this life-changing spiritual practice.

We will focus on: recognizing the importance of the Examen for living out a discerning life, exploring why this simple practice can sometimes be challenging, understanding how to overcome common obstacles and learning the five recommended steps of the Examen.

Facilitator: Sergio Pagés

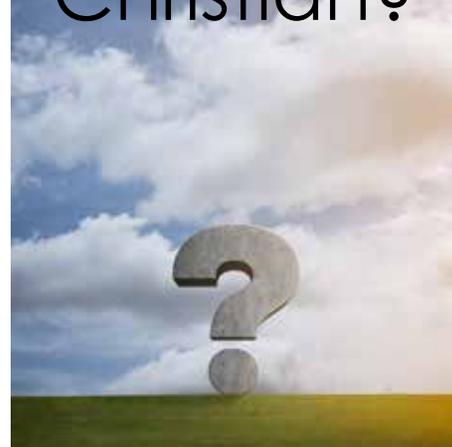
Wednesdays 7:00-8:30 PM (EST) via Zoom*
Mar. 1, 8, 15 & 22

Workshop Fee: \$50, due at registration. Fee is non-refundable, non-transferable.

Register at manresa-sj.org/030123-examen or phone 248.644.4933 Ext. 0.

*Zoom instructions will be emailed to registered participants prior to each session.

BOOK STUDY: Do I Stay Christian?

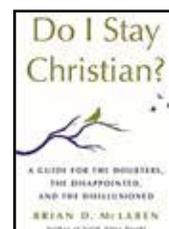


In his new book *Do I Stay Christian? A Guide for the Doubters, the Disappointed, and the Disillusioned*, Brian McLaren names and frames the questions

"that surprising numbers of people are asking" about church and faith.

The book is "not McLaren's attempt to persuade Christians to dig in their heels or run for the exit. Instead, he combines his own experience with that of thousands of people who have confided in him over the years to help readers make a responsible, honest, ethical decision about their religious identity."

Facilitator: Rosemary Insley | Please buy the book and read Part I before the first session.



Mondays, 6:30-8:00 PM (EST)
via Zoom*

Feb. 20 | Mar. 6 & 20 | April 3

Fee: \$50, due at registration. Fee is non-refundable, non-transferable.

Register at
manresa-sj.org/022023-bookstudy
or phone 248.644.4933 Ext. 0.

*Zoom instructions will be emailed to registered participants prior to each session.

2023 Conference Retreats

Non-refundable, non-transferable \$50 deposit per person required for all retreats unless otherwise noted.

For Men

The Men's Retreats below are not restricted to the groups named. All are welcome.

Jan. 6-8

WEEKEND RETREAT

[PATRON: Fr. John Courtney Murray, SJ] Bishop Gallagher; Our Lady of Refuge, Orchard Lake; Prince of Peace, W. Bloomfield; St. Perpetua, Waterford; St. Thomas (Chaldean) DIRECTOR: Fr. Peter Fennessy, SJ

Jan. 13-15

WEEKEND RETREAT

[PATRON: Fr. Jacques Marquette, SJ] Alhambra; Grosse Pointe Vicariate; Hengstebeck; Charles L. Palms Jr; St. Joan of Arc DIRECTOR: Fr. Robert Scullin, SJ

Jan. 20-22

WEEKEND RETREAT

[PATRON: St. Isaac Jogues, SJ] Budd Company; Irmen Group; Kassab; Our Lady Queen of Martyrs, Beverly Hills; St. Thomas More, Troy DIRECTOR: Fr. Peter Fennessy, SJ



Feb. 3-5

WEEKEND RETREAT

(Men in Recovery)

[PATRON: Fr. John C. Ford, SJ] DIRECTOR: Mr. Terry Sullivan

Feb. 24-26

WEEKEND RETREAT

[PATRON: St. Robert Southwell, SJ] Notre Dame; Ypsilanti Men; Fr. Bernard J. Wernert Group DIRECTORS: Fr. Fran Daly, SJ and Sr. Kathie Budesky, IHM

For Women

Jan. 10-12 (T-Th)

MIDWEEK RETREAT I

[PATRON: The Archduchess, Joan of Austria] DIRECTOR: Sr. Linda Sevcik, SM

Jan. 27-29

WEEKEND RETREAT

(Al-Anon)

[PATRON: Fr. James Cullen, SJ] DIRECTOR: TBD

Feb. 17-19

WEEKEND RETREAT II

[PATRON: St. John de Brito, SJ] DIRECTOR: Fr. Robert Flack, SJ

For Men & Women

Jan. 27-29

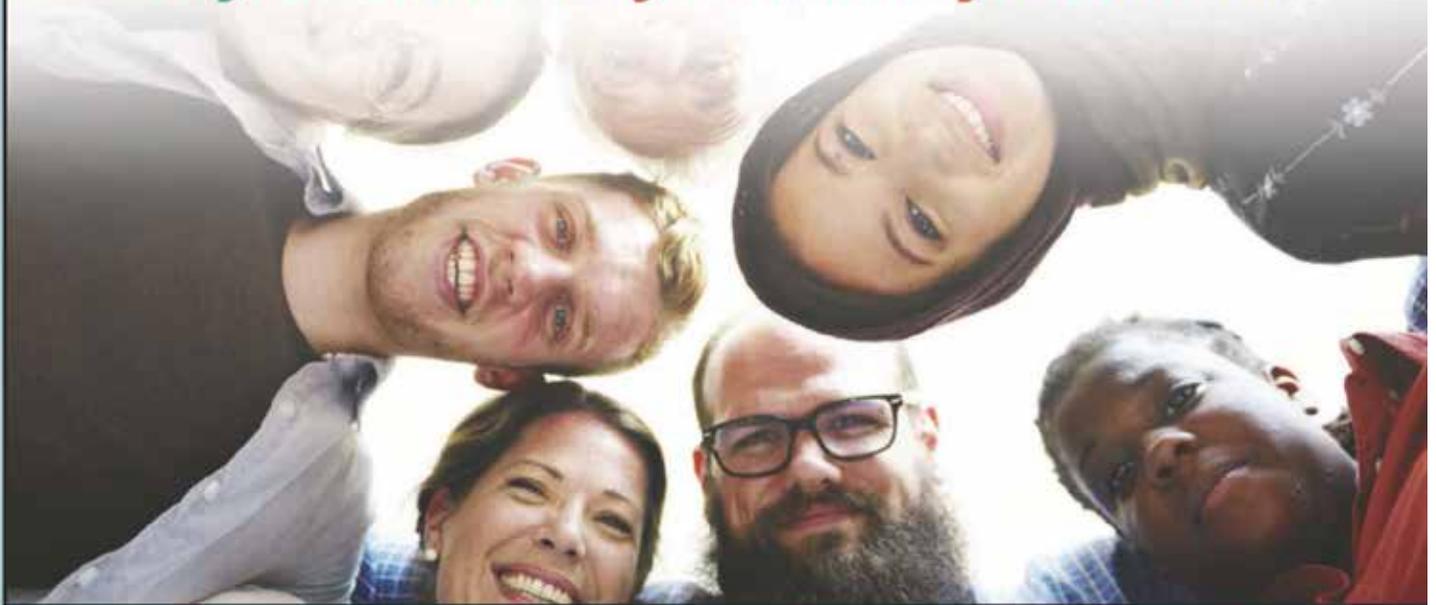
WEEKEND RETREAT

The Process of Spiritual Growth DIRECTOR: Ms. Rosemary Insley

Go to manresa-sj.org/listofevents for full listing.

NEVER MISS A NEWSLETTER!

Sign up to have our newsletter emailed to you at www.mycommunityonline.com



4-D-5-5

For ad info. call 1-800-477-4574 • www.lpcommunities.com

15-0684



kw
KELLER WILLIAMS
REAL ESTATE
**PAMELA
HILDEBRAND**
REALTOR
810.348.1623

the maddison
collective

**MADELON
WARD**
REALTOR
248.703.9532



Helping Clients Achieve Their Dreams

kw.com/kw/agent/pamelamartinhildebrand • kw.com/kw/agent/madelon-ward

**Support our
ADVERTISERS**

**THIS SPACE IS
AVAILABLE**



**ADT-Monitored
Home Security**

Get 24-Hour Protection
From a Name You Can Trust

- Burglary
- Flood Detection
- Fire Safety
- Carbon Monoxide

Authorized Provider | SafeStreets | **833-287-3502**

**Woodward Hills
Health & Rehabilitation Center**
39312 Woodward Ave. • Bloomfield Hills, MI 48304
Outpatient Therapy Now Available

248-644-5522

www.optalishealthcare.com/WoodwardHills

**GROW YOUR
BUSINESS
BY PLACING
AN AD HERE!**

CONTACT US!

Contact Dave Polansky
to place an ad today!
dpolansky@4LPi.com
or (800) 477-4574 x6326

FREE AD DESIGN

WITH PURCHASE OF THIS SPACE

CALL 800.477.4574

Portfolio Management for Pension Plans, Foundations and Individuals

DEROY & DEVEREAUX

Over 150 Years of Cumulative Investment
Management Experience

Michael F. Harris, CFA
Taimur Hassan
Karl L. Knas, CPA
Michael J. Madison, CFA
Sean A. Metrose
Jeffrey W. Wardlow, CFA

Questions or Inquiries, please contact:
Sarah Schattner
P 248.358.3220

2000 Town Center, Suite 2850 • Southfield, MI 48075 • DEROYDEVEREAUX.COM



**SUPPORT OUR
ADVERTISERS!**



4-D-5-5

For ad info. call 1-800-477-4574 • www.lpicommunities.com

15-0684



Manresa Jesuit Retreat House

1390 Quarton Road
Bloomfield Hills, MI 48304-3554

248.644.4933
office@manresa-sj.org
manresa-sj.org

Non-Profit Org.
U.S. Postage

PAID

Detroit, MI
Permit No. 3042

To help us save costs, an “electronic only” option is available. To change how you receive our publications, please visit our home page, email us or call the front office. Thank you!

Sunday Afternoon Reflection: Advent

Finding Christ Now

Sunday, Dec. 11, 2022

2:00 - 7:00 PM

Advent is the season of the two comings: the memory of His coming in the past and the anticipation of His coming at the end of time. What about the time “in-between”? How do we find Christ in the world today?

That will be the focus of our discussion at the next Sunday Afternoon Reflection, which will include two talks, time for private prayer/devotion, Sunday Mass and a delicious meal to round out the day.

Your retreat begins at 2:00 PM; however, you may arrive any time after 1:30 PM for refreshments and fellowship.

Join us for this special opportunity during Advent to renew our faith and hope in Christ.

Fee: \$50 due at registration.

Fee is non-refundable, non-transferable.

Register at manresa-sj.org/121122-advent
or phone 248.644.4933 Ext. 0.

Facilitator: Fr. Steve Hurd, SJ