

# Manresa Memos

Issue 55 | February-March 2023



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

## A message from the Executive Director



Sr. Linda Sevcik, SM

*Blessed are you, winter, you teach us valuable lessons about waiting in darkness with hope and trust... Blessed are you, winter, your inconsistent moods often challenge spring's arrival, yet how gracefully you step aside when her time has come.*

Sr. Joyce Rupp, OSM, in *The Circle of Life*

Dear Friends of Manresa,

The quote above is from one of my favorite spiritual writers, part of a longer "Winter Blessing" she has written. It reminds me that each season has valuable lessons to teach.

We know that winter darkness can challenge many of us, especially in the months following Christmas. Sr. Joyce reminds us that the winter months also offer spiritual opportunities, teaching us how to wait with hope and to trust that new life will follow. So often we are invited to do this.

Furthermore we are frequently called in life to "step aside gracefully," as Rupp writes. In my Marist congregation, our charism urges us to be "hidden and unknown," which is related to stepping aside gracefully. I have deeply appreciated that call in my life, as it evokes a deep spirituality that challenges the attention we may wish for as human beings.

May Sr. Joyce's words inspire your own reflections, and may you find something in this publication that will help you in your Lenten journey.

Let us pray for each other.

*Sr. Linda Sevcik, SM*

Sr. Linda Sevcik, SM  
Executive Director

## JOIN US

### Weekday Masses

Monday to Friday  
8:00 AM in the main chapel

We remember all deceased retreatants the last Friday of each month at the 8:00 AM Mass.

### Tuesday Prayer

Stay for 30 minutes of private Christian meditation following 8:00 AM Mass on Tuesdays.

### Learn More

Visit [manresa-sj.org](http://manresa-sj.org) and click on Upcoming Events for a full listing of our programs and retreats.



**MANRESA JESUIT RETREAT HOUSE**

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | [manresa-sj.org](http://manresa-sj.org)

# A Day to Call Your Own

**8:00 AM–3:30 PM**

**Monday, Feb. 13**

[manresa-sj.org/021323-day](http://manresa-sj.org/021323-day)

**Wednesday, Mar. 22**

[manresa-sj.org/032223-day](http://manresa-sj.org/032223-day)

**Wednesday, Apr. 5**

[manresa-sj.org/040523-day](http://manresa-sj.org/040523-day)

**Thursday, May 4**

[manresa-sj.org/050423-day](http://manresa-sj.org/050423-day)

**Fee: \$50, due at registration.**

Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.)

To register, go to the links above or phone 248.644.4933 Ext. 0.



## Step away from the cares of your world.

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.** We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: **reflect, pray, walk the property, read or just BE.** (No director is available or required.) Mark your calendar now to take some well-deserved time for yourself.



## Days of Reflection on Grief

### Facets of Grief

These four Sunday afternoon reflections will focus on various types of losses. They will include time for prayer, input from faith and psychological perspectives, quiet reflection time and sharing with other participants.

Each Day of Reflection is independent of the others, although the first lays a foundation for all of them. You are asked to register for each afternoon separately.

**Facilitator: Sr. Linda Sevcik, SM**

**Fee: \$50 per session, due at registration.** Fee is non-refundable, non-transferable. Register by going to the link listed for the individual session you want to attend or phone 248.644.4933 Ext. 0.

**Sundays, 2:00-7:00 PM**  
*including dinner*

**Sunday, Feb. 5**  
*Grieving following Divorce or Death of a Spouse or Partner*  
[manresa-sj.org/020523-dor.grief](http://manresa-sj.org/020523-dor.grief)

**Sunday, Apr. 16**  
*Surviving after a Death by Suicide*  
[manresa-sj.org/041623-dor.grief](http://manresa-sj.org/041623-dor.grief)



# Praying with Art: Eastern Rite Icons

Icons, more than any other form of art, are meant to be prayed with. Eastern Rite icons are quite different from the Western art we have concentrated on so far. The Western Church leaves artists free to paint religious images however they want; the Eastern Church provides guidelines to ensure that icons are theologically sound. That's because **icons are meant to proclaim the Gospel in images as the Scriptures do in words.**

**Tuesdays, 7:00–8:30 PM**  
**Feb. 28 | Mar. 14 & 28**  
**Apr. 11 & 25 | May 9 & 23**

Icons belong in churches, not museums; they are sacred objects for the prayer corners of our homes, not decorations for anywhere else. They not only recall historical persons and events, but they are windows into heaven that put us into direct contact with the holy persons or with the enduring heavenly reality of the events portrayed.

Please join us and experience their spiritual richness.

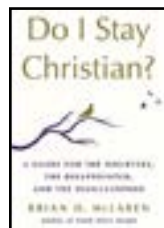
**Instructors: Fr. Peter Fennessy, SJ and Carole Sugrue**

**Fee: \$100, due at registration. Fee is non-refundable, non-transferable.**  
**Register at [manresa-sj.org/022823-art](http://manresa-sj.org/022823-art) or phone 248.644.4933 Ext. 0.**

## BOOK STUDY: Do I Stay Christian?



In his new book *Do I Stay Christian? A Guide for the Doubters, the Disappointed, and the Disillusioned*, Brian McLaren names and frames the questions “that surprising numbers of people are asking” about church and faith. The



book is “not McLaren’s attempt to persuade Christians to dig in their heels or run for the exit. Instead, he combines his own experience with that of thousands of people who have confided in him over the years to help readers make a responsible, honest, ethical decision about their religious identity.” *Please buy the book and read Part I before the first session.*

**Mondays,**  
**6:30–8:00 PM (EST)**  
**via Zoom\***  
**Feb. 20 | Mar. 6 & 20 | April 3**  
**Fee: \$50, due at registration.**  
**Fee is non-refundable, non-transferable.**  
**Register at [manresa-sj.org/022023-bookstudy](http://manresa-sj.org/022023-bookstudy)**  
**or phone 248.644.4933 Ext. 0.**  
**\*Zoom instructions emailed to registered participants prior to each session.**  
**Facilitator: Rosemary Insley**

# Examen of Consciousness



## Interpreting the inner movements of the heart

Wednesdays 7:00–8:30 PM (EST) via Zoom\*  
Mar. 1, 8, 15 & 22

The Examen is a fundamental practice for living out Ignatian Spirituality. Praying the Examen daily increases our attentiveness to the inner workings of the Holy Spirit, helping us to interpret the inner movements of our hearts. Despite its value, many of us struggle to make the Examen a daily habit. This workshop during Lent will inspire a renewed commitment to this life-changing spiritual practice. We will focus on: recognizing the importance of the Examen for living out a discerning life, exploring why this simple practice can sometimes be challenging, understanding how to overcome common obstacles and learning the five recommended steps of the Examen. **Facilitator: Sergio Pagés**

**Workshop Fee: \$50, due at registration.**  
Fee is non-refundable, non-transferable.

Register at [manresa-sj.org/030123-examen](https://manresa-sj.org/030123-examen) or  
phone 248.644.4933 Ext. 0.

\*Zoom instructions emailed to registered participants prior to each session.

# An Encounter with the Healing Christ

Friday-Sunday,  
March 3-5

Arrive any time after 4:30 PM  
on Friday, with dinner  
at 6:00 PM.

Retreat concludes Sunday  
at 12:00 Noon.

To register, go to  
[manresa-sj.org/030323-hr](https://manresa-sj.org/030323-hr)  
or phone 248.644.4933 Ext. 0.

A non-refundable,  
non-transferable deposit  
of \$50 is due at registration.



There are quiet places in our hearts where we store doubts, memories, fears and hurts that need the loving hand of Jesus to heal. Receive His embrace during a precious few days of quiet and serenity. In this place of peace, we can light a path toward freedom, forgiveness and healing. God is waiting for you. Don't miss the invitation.

Retreat Directors: Fr. John Esper and Deborah Tourville

# Oración Contemplativa Guiada



En la tradición ignaciana, orar con la imaginación se llama contemplación. En los Ejercicios Espirituales de Ignacio de Loyola, **la contemplación es una forma activa de oración que involucra la mente y el corazón y suscita pensamientos y emociones.**

Te invitamos los domingos por la tarde a **experimentar la oración contemplativa guiada en español.** En cada sesión tendrás un tiempo de reflexión en silencio y un espacio para compartir. Cada sesión será guiada por un acompañante espiritual con experiencia en la tradición espiritual ignaciana.

**Domingo de 1:00 a 4:30 PM**

**19 de febrero | 12 de marzo**

**23 de abril | 7 de mayo**

**Costo: Tu donativo es bienvenido.** Se alienta a los participantes a donar a Manresa Jesuit Retreat House en apoyo de su Misión.

Para inscribirse comunicarse con **Claudia Rivera** llamado al 734.674.8238 o por correo electrónico al [claudiasriveradgo@gmail.com](mailto:claudiasriveradgo@gmail.com).

## Lectio Prayer Group

**Mondays,  
10:00–11:15 AM (EST)  
via Zoom\***

**Feb. 13 | Mar. 13 | Apr. 10  
May 8**

### **Cost**

Donations to Manresa Jesuit Retreat House in support of its Mission are gratefully accepted.

### **To join the group:**

Go to [manresa-sj.org/constant-contact](http://manresa-sj.org/constant-contact). Scroll down to the list of options near the bottom of the page. Select “Lectio Prayer Group.”

\*You will receive an email reminder prior to each meeting with a Zoom link to connect to the meeting.

**Facilitators: Paula Dow and Kay Dodson**



## **Engaging with the Living Word of God**

**D**o you desire a more conversational relationship with God? **Are you curious about how to more readily encounter Christ in our world?** If so, consider participating in Manresa’s Lectio Prayer Group.

*Lectio divina* is rooted in Scripture, the living Word of God. By reading the Word, listening and considering how God is speaking to you in daily life, you can grow in finding God in all things. This is a practice that helps you to discern your journey toward God.

## March/April (Open) Conference Retreats

*Non-refundable, non-transferable \$50 deposit per person required for all retreats unless otherwise noted.*

### For Men

*The Men's Retreats below are not restricted to the groups named. All are welcome.*

**Feb. 24-26**

#### WEEKEND RETREAT

[PATRON: St. Robert Southwell, SJ] Notre Dame; Ypsilanti Men; Fr. Bernard J. Wernert Group **DIRECTORS:** Fr. Fran Daly, SJ and Sr. Kathie Budesky, IHM

**Mar. 10-12**

#### WEEKEND RETREAT

[PATRON: St. Nicholas Owen, SJ] Reuter; St. Alan; St. Anastasia **DIRECTORS:** Fr. Fran Daly, SJ and Sr. Kathie Budesky, IHM

**Mar. 24-26**

#### WEEKEND RETREAT

[PATRON: St. Andrew Bobola, SJ] Mother of God; St. Irenaeus, Rochester; U of D High Alumni **DIRECTOR:** Fr. Steve Hurd, SJ



**Mar. 31-Apr. 2**

#### PALM SUNDAY WEEKEND RETREAT

[PATRON: St. Gabriel Lalemant, SJ] **DIRECTOR:** Fr. Peter Fennessy, SJ

### For Men & Women

**Mar. 3-5**

#### WEEKEND HEALING RETREAT

[PATRON: St. John de Brébeuf, SJ] **DIRECTORS:** Fr. John Esper & Ms. Debbie Tourville

**Apr. 6-8 (Th-Sa)**

#### HOLY WEEK RETREAT

[PATRON: Fr. Pierre Teilhard de Chardin, SJ] **DIRECTOR:** Fr. Robert Flack, SJ

## Individually Directed Retreats

Our In-Session IDR dates fill up quickly. Reserve your spot today.

**May 15-24** — IDR Session I  
**June 12-21** — IDR Session II  
**July 17-26** — IDR Session III  
**Aug 7-16** — IDR Session IV

These sessions allow for four-to-eight-day retreats (minimum of four full consecutive days/maximum of eight full consecutive days within session dates/times).

Arrival time begins at 5:00 PM on the opening date of the retreat session, dinner is at 6:00 PM and the retreat itself begins at 7:30 PM. The retreat ends at 10:00 AM on the closing date of the retreat session.

To schedule an In-Session retreat, go to [manresa-sj.org/retreats](http://manresa-sj.org/retreats) or call 248.644.4933 Ext. 0 for an application.

Go to [manresa-sj.org/listofevents](http://manresa-sj.org/listofevents) for full listing of Conference Retreats.

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## Manresa Jesuit Retreat House

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# Sunday Afternoon Reflection: Lent



**Sundays, 2:00-7:00 PM**

**February 26** – Directed by Fr. Peter Fennessy, SJ  
Register at [manresa-sj.org/022623-lent1](http://manresa-sj.org/022623-lent1) by Feb. 12.

**March 26** – Directed by Fr. Robert Scullin, SJ  
Register at [manresa-sj.org/032623-lent2](http://manresa-sj.org/032623-lent2) by Mar. 12.

**W**ould you like to make a retreat during the season of Lent, but can't get away for an entire weekend? Enjoyed a previous retreat and need a spiritual tune-up? Or are you just curious about what a retreat might be like? If so, an onsite Sunday Afternoon Reflection at Manresa is for you!

The afternoon includes two talks, time for private prayer/devotion, Sunday Mass and a delicious meal to round out the day. Your retreat begins at 2:00 PM; however, you may arrive any time after 1:30 PM for refreshments and fellowship.

**Fee: \$50 each due at registration.** Fee is non-refundable, non-transferable. To register, go to the links listed above or phone 248.644.4933 Ext. 0.