

# Manresa Memos

Issue 56 | April-May 2023



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

## A message from the Executive Director

Dear Friends of Manresa,



Sr. Linda Sevcik, SM

Often I experience moments of abundant grace through persons who come to Manresa for a retreat or program. The first weekend of March provided moments I will not forget.

We were beginning a healing retreat, and the power went off as soon as the Friday evening presentation ended and people were heading to bed. We offered flashlights to those who wanted them and then reported the outage.

Power was still off early Saturday morning and no estimated time of restoration was available. I spoke with one of the retreat directors who said one person had flown in from another state. I knew some people had come from the other side of Michigan and roads were not in good condition for driving. For these and other reasons, we decided the retreat would continue. I told the retreatants during breakfast, and added that we would leave a sign-out sheet on the entrance table for those who needed to go home. One person said: "But aren't we supposed to sacrifice during a retreat?" and others chimed in with a similar point of view. By Saturday evening, only four persons had gone home of the 20 attending.

Since then, I've read the evaluations and also some emails we received from attendees. Their willingness to find God in all things really touches me. Several retreatants said the power outage was a blessing, that they liked the serenity and simplicity. One said it changed the dynamics in a good way! I happily meditate on all I've learned from these retreatants.

*Sr. Linda Sevcik, SM*

Sr. Linda Sevcik, SM  
Executive Director

## JOIN US

### Weekday Masses

Monday to Friday  
8:00 AM in the main chapel

We remember all deceased retreatants the last Friday of each month at the 8:00 AM Mass.

### Tuesday Prayer

Stay for 30 minutes of private Christian meditation following 8:00 AM Mass on Tuesdays.

### Learn More

Visit [manresa-sj.org](http://manresa-sj.org) and click on Upcoming Events for a full listing of our programs and retreats.



**MANRESA JESUIT RETREAT HOUSE**

1390 Quarton Road, Bloomfield Hills, MI 48304 | 248.644.4933 Ext. 0 | [manresa-sj.org](http://manresa-sj.org)

# Day of Reflection

## Facets of Grief

### Surviving After a Death by Suicide



**Sunday, April 16**  
**2:00–7:00 PM**  
*including dinner*

This is the last of four Sunday Afternoon Reflections focused on various types of losses. Each session includes time for prayer, input from faith and psychological perspectives, quiet reflection time and sharing with other participants. You did not have to attend the first three sessions to attend this one.

**Facilitator: Sr. Linda Sevcik, SM**

**Fee: \$50 due at registration.** Fee is non-refundable, non-transferable.

**Register at**  
**[manresa-sj.org/041623-dor.grief](http://manresa-sj.org/041623-dor.grief)**  
**or phone 248.644.4933 Ext. 0.**

# A Day to Call Your Own



**8:00 AM–3:30 PM**

**Wednesday, April 5**  
[manresa-sj.org/040523-day](http://manresa-sj.org/040523-day)

**Thursday, May 4**  
[manresa-sj.org/050423-day](http://manresa-sj.org/050423-day)

What could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting. There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.** We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: **reflect, pray, walk the property, read or just BE.** (No director is available or required.) Mark your calendar now to take some well-deserved time for yourself.

**Fee: \$50 due at registration.** Fee is non-refundable, non-transferable.  
Pre-registration is required. (Space is limited.)  
To register, go to the links above or phone 248.644.4933 Ext. 0.

## Lectio Prayer Group

**Engaging  
with the  
Living Word  
of God**



**Monday, April 10 and May 8 | 10:00–11:15 AM (EST) via Zoom\***

Do you desire a more conversational relationship with God? **Are you curious about how to more readily encounter Christ in our world?** If so, consider participating in Manresa's Lectio Prayer Group. *Lectio divina* is rooted in Scripture, the living Word of God. By reading the Word, listening and considering how God is speaking to you in daily life, you can grow in finding God in all things. This is a practice that helps you to discern your journey toward God.

**Cost** Donations to Manresa Jesuit Retreat House in support of its Mission are gratefully accepted.

**To join the group,** go to [manresa-sj.org/constant-contact](http://manresa-sj.org/constant-contact). Scroll down to the list of options near the bottom of the page. Select "Lectio Prayer Group."

\*You will receive an email reminder prior to each meeting with a Zoom link to connect to the meeting.

# Introduction to Ignatian Spirituality



**Saturday, April 29 | 1:00–4:00 PM (EST)**

This course is for ordinary people living ordinary lives. It is a pathway to deeper prayer, good decisions guided by discernment, and a life of service to others. Ignatian Spirituality sees God in all things and desires to develop a real and personal relationship with Jesus, living as His companion in service.

Topics include:

- The Life and Spirit of St. Ignatius
- Praying with Ignatius
- The Spiritual Exercises: An Overview
- The Dynamics of the Exercises and Ignatian Prayer

**Synthesis Facilitators: Fr. Steve Hurd, SJ and Ms. Ann Dillon**

Participants view four to five pre-recorded presentations prior to meeting via Zoom for a half-day synthesis. Zoom instructions will be provided after paid registration. To allow time to view presentations, register no later than Apr. 12.

**Course Fee: \$80 due at registration.**

Fee is non-refundable and non-transferable.

Register online at [manresa-sj.org/042923-ignatius](https://manresa-sj.org/042923-ignatius)  
or phone 248.644.4933 Ext. 0.

## Day of Reflection

### A Day with Our Lady of Lourdes



**Thursday, May 11  
9:30 AM–3:30 PM**

Fr. Bernie Owens, SJ leads this Day of Reflection focused on Mother Mary's apparitions at Lourdes, France. We'll explore the spirituality surrounding the shrine and the meaning and spiritual significance of the messages of the Mother of God given to the world through Bernadette Soubirous in 1858.

The day begins at 9:30 AM with morning refreshments. The first talk at 10:00 AM is followed by a delicious lunch and a second talk. We'll close our time together with Mass.

**Program Facilitator:  
Fr. Bernie Owens, SJ**

**Fee: \$50 due at registration. Fee is non-refundable, non-transferable.**

Register at  
[manresa-sj.org/051123-mary](https://manresa-sj.org/051123-mary)  
or phone 248.644.4933 Ext. 0.

# Entering the Passion of Jesus

Holy Week Retreat for Men & Women

**Thursday, April 6, 5:00 PM–  
Saturday, April 8, 12:30 PM**

**H**oly Week is the ideal time to retreat from one's ordinary concerns and contemplate the powerful mystery of Jesus' passion and death. During these days, we will reflect on the Scriptural texts that focus on the events from Jesus' final meal with His disciples until His last moments on the cross. What did these events mean to Jesus and His beloved companions and what do they have to say to those of us who long to be His disciples today?

In addition to presentations and time for personal prayer and reflection, the retreat includes the Holy Thursday Memorial of the Lord's Supper, the powerful Good Friday Liturgy, a healing service and a Going Forth Ceremony on Holy Saturday morning.

**Retreat Director: Fr. Robert Flack, SJ**

**Non-refundable, non-transferable deposit of \$50 due at registration. Register at [manresa-sj.org/040623-rhw](http://manresa-sj.org/040623-rhw) or phone 248.644.4933 Ext. 0.**



## Christian Meditation Retreat

A silent retreat for men & women

**Friday, May 5, 7:30 PM–Sunday, May 7, 1:00 PM**

**T**he Christian Meditation Retreat offers the experience of meditation, the opportunity to better understand our growth in the Christ-life and instruction on how meditation helps us be transformed in Christ.

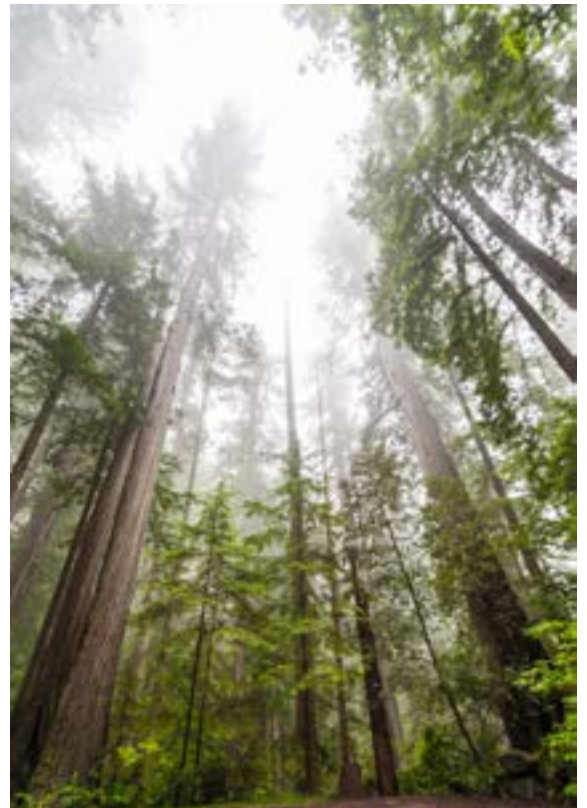
Talks will draw upon the Scriptures and the specific form of the mantra prayer taught by Fr. John Main, OSB, founder of the World Community of Christian Meditation, Fr. Lawrence Freeman, OSB and Fr. Anthony de Mello, SJ. The practice, rather than the teachings, will be emphasized.

Please wear loose clothing, bring a pillow if you plan to sit on the floor and a yoga mat if you plan to join one of the Christian yoga sessions. Be prepared to spend time privately—sitting or walking the grounds or praying at the Labyrinth or Stations of the Cross—and in group meditation.

**Retreat Directors: Fr. Leo Cachat, SJ, DiAnne Patterson Schultz and Mary Gresens**

Non-refundable, non-transferable deposit of \$50 due at registration.  
(Meals begin Saturday with breakfast.)

Register at [manresa-sj.org/050523-cm](http://manresa-sj.org/050523-cm) or phone 248.644.4933 Ext. 0.



# Mother's Day Weekend Retreat for women

**Friday, May 12, 6:30 PM–Sunday, May 14, 12:00 Noon**

**M**other's Day weekend is a great time for women to get away from the stresses of daily life and make a silent retreat at Manresa. In addition to scheduled talks, you'll have time on your own to pray, reflect and walk our beautiful grounds.

**Retreat Director: Fr. Steve Hurd, SJ**

Non-refundable, non-transferable deposit of \$50 due at registration.  
Register at [manresa-sj.org/051223-mdr](http://manresa-sj.org/051223-mdr) or phone 248.644.4933 Ext. 0.

## Individually Directed Retreats



**I**n summer, we reserve four sessions for individual retreats, with the opportunity to meet one-on-one with a Jesuit or trained lay person. **The experience can help you slow down, become more aware of God's love and presence in your life, and help deepen a loving relationship with God.** There's a special atmosphere in the house when people come together for a shared purpose, growing closer to the Lord and to one another in silent, prayerful communion.

Each of the four sessions allows individuals to schedule a four- to eight-day retreat within session dates/times (a minimum of four 24-hour periods is required). Arrive no earlier than 5:00 PM on the opening date of your session. Dinner is at 6:00 PM, followed by a welcome and introductions at 7:30 PM. Each session ends by 10:00 AM on the final day. To learn more and register, go to the links at right.

Alternately, individuals may choose "out-of-session" dates for individually directed retreats between September and April each year. (Dates must be cleared with front office before registration.)

**May 15–24**

[manresa-sj.org/051523-idr](http://manresa-sj.org/051523-idr)

**June 12–21**

[manresa-sj.org/061223-idr](http://manresa-sj.org/061223-idr)

**July 17–26**

[manresa-sj.org/071723-idr](http://manresa-sj.org/071723-idr)

**August 7–16**

[manresa-sj.org/080723-idr](http://manresa-sj.org/080723-idr)

**Retreat Cost:** In-session Dates: \$90/day with \$90 non-refundable, non-transferable deposit. Out-of-session Dates (based on calendar and director availability): \$95/day with \$95 non-refundable, non-transferable deposit.

**Registration:** Go to the links shown above or phone 248.644.4933 Ext. 0 for an application. Note: Reservations are limited by the number of available rooms and directors.



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# Conference Retreats | April-June

*Non-refundable, non-transferable \$50 deposit per person required for all retreats unless otherwise noted.*

## For Men

*The Men's Retreats below are not restricted to the groups named. All are welcome.*

### April 14-16

#### WEEKEND RETREAT

[PATRON: Blessed Francis Page, SJ]  
Wyandotte; St. Ignatius of Loyola; Grand Rapids/Metamora  
DIRECTOR: Fr. Robert Scullin, SJ

### April 21-23

#### WEEKEND RETREAT

[PATRON: St. Peter Canisius, SJ] St. Frances Cabrini  
DIRECTOR: Fr. Bob Ytsen, SJ

### April 28-30

#### WEEKEND RETREAT

[PATRON: Our Lady of the Way] Detroit Police & Fire Fighters; Gaylord; Men of Manresa; Mt. Pleasant; St. Mary Magdalen  
DIRECTOR: Sr. Linda Sevcik, SM



## For Women

### May 12-14

#### MOTHER'S DAY WEEKEND RETREAT

[PATRON: Mary, Mother of the Society of Jesus]  
DIRECTOR: Fr. Steve Hurd, SJ

### May 26-28

#### WEEKEND RETREAT (Women in Recovery)

[PATRON: Fr. Fred Kammer, SJ]  
DIRECTOR: Sr. Luann Brown, BVM

### June 23-25

#### WEEKEND RETREAT

[PATRON: Sr. Mary Ward, IBVM] DIRECTOR: Sr. Linda Sevcik, SM

## For Men & Women

### April 6-8 (Th-Sa)

#### HOLY WEEK RETREAT

[PATRON: Fr. Pierre Teilhard de Chardin, SJ]  
DIRECTOR: Fr. Robert Flack, SJ

### May 5-7

#### CHRISTIAN MEDITATION WEEKEND RETREAT

[PATRON: Fr. Roberto de Nobili, SJ]  
DIRECTORS: Fr. Leo Cachat, SJ, Ms. Mary Gresens & Ms. DiAnne Schultz

### June 2-4

#### WEEKEND RETREAT FOR URBAN PARISHES [PATRON: Fr. Peter Claver, SJ]

DIRECTORS: Fr. Robert Scullin, SJ and Team

### June 9-11

#### SILENT RETREAT for SPANISH-SPEAKERS Presented in Spanish

DIRECTORS: Fr. Robert Scullin, SJ and Team

*For more information and to register, click on the retreat date/name. Go to [manresa-sj.org/listofevents](http://manresa-sj.org/listofevents) for full listing of Conference Retreats.*