

# Manresa Memos

Issue 61 | Feb.-Mar. 2024



Our Mission is to help men and women grow spiritually through prayer, reflection, guidance and teaching according to the Ignatian tradition.

## A message from the Executive Director

Dear Friends of Manresa,



Sr. Linda Sevcik, SM

During 2024, Manresa will be involved in an intense self-evaluation process initiated by our Midwest Jesuit Province. In fact, we have already begun our preparation for this **Mission Examen**. It will culminate in late Oct. 2024, when Manresa will be visited by five people from the province and other Jesuit ministries to review our own self-evaluation report and speak personally with board members, stake-holders and staff. They will offer recommendations to Manresa.

In the meantime, we are forming small groups with staff, board members and persons who have been involved in our various programs to consider aspects of the ministry at Manresa, e.g., things that seem to be going generally well, aspects of our ministry or operations that could be improved, plus consideration of possible new directions.

We look forward to **Mission Examen** being helpful for Manresa's Mission. Please keep us in your prayer, particularly during this year. In addition, I would welcome any observations or suggestions you may have to offer. Feel free to email me at [lsevcik@manresa-sj.org](mailto:lsevcik@manresa-sj.org).

Let us continue to pray for each other.

*Sr. Linda Sevcik, SM*

Sr. Linda Sevcik, SM  
Executive Director

## JOIN US

### Weekday Masses

Monday to Friday  
8:00 AM in the main chapel  
We remember all deceased retreatants the last Friday of each month at the 8:00 AM Mass.

### Tuesday Prayer

Stay for 30 minutes of private Christian meditation following 8:00 AM Mass on Tuesdays.

### Learn More

Visit [manresa-sj.org/events](http://manresa-sj.org/events) for a full listing of our programs and retreats.

## SAVE THE DATE!

*Spirit of Manresa*  
**BANQUET**

Thursday, May 2, 2024

Keynote Address

**Finding God  
Among the Homeless**

by **Fr. Tim McCabe**

President & CEO Pope Francis Center



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## Jesuit Alumni\* Retreat

for men & women



**Friday-Sunday,  
February 23-25**

We're bringing together alumni from Ignatian high schools, colleges and retreats for a weekend designed to refresh and renew your Ignatian spirituality.

Directed by Fr. Steve Hurd, SJ, Fr. Fran Daly, SJ and Fr. Trevor Rainwater, SJ, the weekend includes daily presentations, discussions and time on your own to pray, reflect and hear what God may be saying to you through the silence.

Walk the nature trail or enjoy a cozy spot in front of the fireplace. Relax in the solitude of your own room and savor delicious meals with old friends. This is a weekend you won't want to miss.

*\*This retreat is not restricted to Jesuit Alumni. All men and women are welcome.*

A non-refundable, non-transferable \$50 deposit per person is required for all retreats.

Register at  
[manresa-sj.org/022324-mw](http://manresa-sj.org/022324-mw) or  
phone 248.644.4933 Ext. 0.

*For Spanish Speakers*

## Examen del Consciente



**Aprendiendo a interpretar los movimientos internos del corazón**

**Miércoles de  
7:00–8:30 PM (EST)**

**28 de febrero  
6, 13 y 20 de marzo**

*Facilitador:* Sergio Pagés

Las reuniones serán virtuales por ZOOM.  
Instrucciones para la conexión por  
ZOOM serán enviadas a los participantes  
registrados antes de cada sesión.

**Costo \$25 por las cuatro sesiones.** La  
tarifa no es reembolsable ni transferible.

El Examen es una oración práctica y fundamental para vivir nuestra espiritualidad Ignaciana. Orar el examen diariamente aumenta nuestra percepción de la labor interna del Espíritu Santo, ayudándonos a interpretar los movimientos internos de nuestro corazón. A pesar de su gran valor, para muchos puede ser difícil hacer del Examen un hábito en nuestras vidas. Este taller nos inspirará a renovar nuestro compromiso con esta valiosa oración.

Regístrate por el web [manresa-sj.org/022824-examen](http://manresa-sj.org/022824-examen) o por teléfono 248.644.4933 Ext. 0.

## Domingo de oración contemplativa guiada

En la tradición Ignaciana, orar con la imaginación se llama contemplación. En los Ejercicios Espirituales de Ignacio de Loyola, **la contemplación es una forma activa de oración que involucra la mente y el corazón y suscita pensamientos y emociones.**

Te invitamos los domingos por la tarde a **experimentar la oración contemplativa guiada en español.** En cada sesión tendrás un tiempo de reflexión en silencio y un espacio para compartir. Cada sesión será guiada por un acompañante espiritual con experiencia en la tradición espiritual Ignaciana.

**Domingo de  
1:30 a 5:00 PM**

**18 de febrero**

*Contemplación de Cuaresma*

**21 de abril**

*Meditación Cristiana, un camino interior*

**19 de mayo**

*Contemplación de primavera*

**Costo: Tu donativo es bienvenido.**

Se alienta a los participantes a donar a Manresa Jesuit Retreat House en apoyo de su Misión.

Para registrarse, envíe un correo electrónico a [ignacianosdemanresa@gmail.com](mailto:ignacianosdemanresa@gmail.com) o al teléfono 248.385.3537.

# Journaling as a Prayer Practice



Sundays, 3:00-4:30 PM (EST)  
via Zoom\*

Mar. 10 and 24 | Apr. 7

Fee: \$30 due at registration.

Fee is non-refundable, non-transferable.

Register at

[manresa-sj.org/031024-journal](https://manresa-sj.org/031024-journal)

or phone 248.644.4933 Ext. 0.

\*Instructions for Zoom meetings will be emailed to registered participants prior to each session.

These three sessions offer practical ways of developing and using a prayer journal as an integral part of your prayer practice. Whether you are already journaling or new to the idea, each session offers practice exercises for spiritual journaling as a regular part of your prayer time. **No writing skills are necessary, just an openness to pay close attention to your review of prayer and then to capture your response for further deepening your relationship with God.** This program invites you to discover ways to journal best suited to your needs and offers an opportunity to discover how spiritual journaling can deepen your listening to the personal experience of God at work in your daily life.

*Facilitators:* Lori Kneisler and Etta MacDonagh-Dumler

## Praying with Gothic & Netherlandish Art

Tuesdays, 7:00–8:30 PM

Feb. 13, 27 | Mar. 12, 26

Apr. 9, 23 | May 7

This semester we will be praying with the work of several Gothic or Early Netherlandish artists, focusing each evening on a different artist.

We'll begin with Duccio, the final evolution in Italy of the icon tradition that we have been looking at for the last year, and then, with Giotto, move into the beginnings of modern art.

We'll also pray with the works of the Limbourg brothers, Rogier van der Weyden, Dieric Bouts, Hans Memling and Juan de Flandes.

Join us for this spiritually enriching program.



*Instructors:* Fr. Peter Fennesy, SJ and Carole Sugrue

Fee: \$100, due at registration. Fee is non-refundable, non-transferable.

Register at [manresa-sj.org/021324-art](https://manresa-sj.org/021324-art) or phone 248.644.4933 Ext. 0.

# Sunday Afternoon Reflection: Lent



**Sunday, March 3**

**2:00-7:00 PM**

**W**ould you like to make a retreat during the season of Lent but can't get away for an entire weekend? Need a spiritual tune-up? Or are you just curious about what a retreat might be like? If so, an onsite Sunday Afternoon Reflection at Manresa is for you!

The afternoon includes two talks, time for private prayer/devotion, Sunday Mass and a delicious meal to round out the day. Your retreat begins at 2:00 PM; however, you may arrive any time after 1:30 PM for refreshments and fellowship.

*Director: Fr. Robert Flack, SJ*

**Fee: \$50 due at registration.** Fee is non-refundable, non-transferable.  
Register at [manresa-sj.org/030324-SAR-lent](https://manresa-sj.org/030324-SAR-lent) or phone 248.644.4933 Ext. 0.

**8:00 AM–3:30 PM**

**Tuesday, Feb. 20**

[manresa-sj.org/022024-day](https://manresa-sj.org/022024-day)

**Wednesday, Mar. 20**

[manresa-sj.org/032024-day](https://manresa-sj.org/032024-day)

**Tuesday, April 23**

[manresa-sj.org/042324-day](https://manresa-sj.org/042324-day)

**Wednesday, May 8**

[manresa-sj.org/050824-day](https://manresa-sj.org/050824-day)

**Fee: \$50, due at registration.**

Fee is non-refundable, non-transferable. Pre-registration is required. (Space is limited.)

To register, go to the links above or phone 248.644.4933 Ext. 0.

## A Day to Call Your Own



**Step away from the cares of your world.**

**W**hat could be better than a day all to yourself? A day to do something good for your soul. A day to relax, refresh and reflect in a beautiful setting.

There's no better place to spend a day like that than at Manresa. **Enjoy the quiet, away from the busyness of everyday life.** We provide you with a private room and a simple lunch; the rest is for you to decide how you want to spend your day. So many options: **reflect, pray, walk the property, read or just BE.** (No director is available or required.) Mark your calendar now to take some well-deserved time for yourself.



# An Encounter with the Healing Christ

**Friday-Sunday,  
March 1-3**

Arrive any time after 4:30 PM  
on Friday, with dinner  
at 6:00 PM.  
Retreat concludes Sunday  
at 12:00 Noon.

A non-refundable,  
non-transferable deposit  
of \$50 is due at registration.

To register, go to  
[manresa-sj.org/030124-mw](http://manresa-sj.org/030124-mw)  
or phone 248.644.4933 Ext. 0.



There are quiet places in our hearts where we store doubts, memories, fears and hurts that need the loving hand of Jesus to heal. Receive His embrace during a precious few days of quiet and serenity. In this place of peace, we can light a path toward freedom, forgiveness and healing. God is waiting for you. Don't miss the invitation.

*Retreat Directors: Fr. John Esper and Deborah Tourville*

## Day of Reflection

## Facets of Grief

**Sundays, 2:00–7:00 PM including dinner**

Feb. 11 — *Grieving the Death of a Spouse or Partner* — [manresa-sj.org/021124-dor-grief](http://manresa-sj.org/021124-dor-grief)

Apr. 14 — *Grieving a Sudden or Violent Death* — [manresa-sj.org/041424-dor-grief](http://manresa-sj.org/041424-dor-grief)

The Days of Reflection on Grief focus on various types of losses. Each session includes time for prayer, input from faith and psychological perspectives, quiet reflection time and sharing with other participants. Each Day of Reflection is independent of the others. Please register for each afternoon separately.

**Fee: \$50 per session, due at registration.**

Fee is non-refundable, non-transferable.

**Register by going to the link listed above for the session you want to attend or phone 248.644.4933 Ext. 0.**

*Group Leader: Sr. Linda Sevcik, SM*

# An evening of discovery with Ignatian Spirituality Project

**Come and learn how you can be part of a ministry of hope and healing.**

Manresa is hosting an evening of discovery with representatives from Ignatian Spirituality Project (ISP) to give our community the opportunity to learn about ISP's ministry to men and women recovering from homelessness and addiction, and to appeal to those who might want to get involved in the work they do.



ISP offers hope and healing experiences through overnight retreats, spiritual reflections and one-on-one companionship. Volunteers walk with people in recovery while sharing their own experiences of hope and healing. **ISP is looking particularly for men who are interested in helping to restart their men's program in the metro-Detroit area as a volunteer team member or supporter.** No experience

in drug or alcohol recovery or Ignatian spirituality is required, though it would be helpful.

Please come and see how you can put your faith into action by serving God and the men and women of Ignatian Spirituality Project.



**Thursday, March 21  
7:00-8:00 PM at Manresa**



**Please RSVP by March 16** to Allison Loecke, ISP Regional Director, via phone at 312.226.9184 Ext. 109 or email at [aloecke@ispretreats.org](mailto:aloecke@ispretreats.org).

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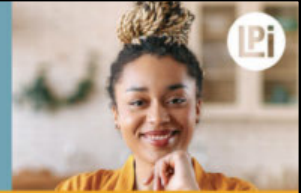


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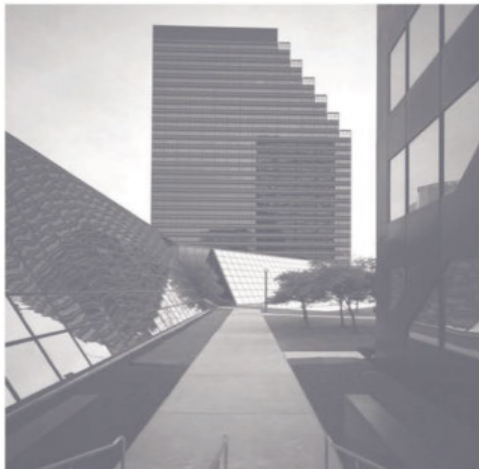
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# Upcoming Conference Retreats



*Retreats are not restricted to the groups named. All are welcome. Click on retreat dates to register.*

## [Retreats for Men](#)

### **Friday-Sunday, Feb. 16-18**

**Patron:** St. Robert Southwell, SJ **Groups:** Notre Dame; Ypsilanti Men; Fr. Bernard J. Wernert **Director:** Fr. Robert Flack, SJ

### **Friday-Sunday, Mar. 15-17**

**Patron:** St. Andrew Bobola, SJ **Groups:** Mother of God; St. Irenaeus, Rochester; U of D High Alumni **Director:** Fr. Bob Ytsen, SJ

### **Friday-Palm Sunday, Mar. 22-24**

**Patron:** St. Gabriel Lalemant, SJ **Directors:** Fr. Fran Daly, SJ and Sr. Kathie Budesky, IHM

### **Friday-Sunday, Apr. 12-14**

**Patron:** Blessed Francis Page, SJ **Groups:** Grand Rapids/Metamora; St. Ignatius of Loyola; Wyandotte **Director:** Fr. Peter Fennessy, SJ

### **Friday-Sunday, Apr. 26-28**

**Patron:** Our Lady of the Way **Groups:** Detroit Police & Fire Fighters; Gaylord; Men of Manresa; Mt. Pleasant; St. Mary Magdalen **Director:** Fr. Steve Hurd, SJ

## [Retreats for Women](#)

### **Friday-Sunday, Feb. 9-11**

**Patron:** St. John de Brito, SJ  
**Director:** Sr. Linda Sevcik, SM

### **Friday-Sunday, May 10-12**

**(Mother's Day Weekend Retreat)**  
**Patron:** Mary, Mother of the Society of Jesus **Director:** Fr. Peter Fennessy, SJ

### **Friday-Sunday, May 24-26**

**(Women in Recovery)**  
**Patron:** Fr. Fred Kammer, SJ  
**Director:** Deacon Tony Maciorowski

## [Retreats for Men & Women](#)

### **Friday-Sunday, Feb. 23-25**

**Patron:** Fr. Pedro Arrupe, SJ **Group:** Jesuit Alumni **Directors:** Fr. Steve Hurd, SJ, Fr. Fran Daly, SJ, and Fr. Trevor Rainwater, SJ

### **Friday-Sunday, Mar. 1-3**

#### **(Healing Retreat)**

**Patron:** St. John de Brebeuf, SJ **Directors:** Fr. John Esper and Debbie Tourville  
**Note:** Friday dinner at 6:00 PM

### **Friday-Sunday, Mar. 8-10**

**Patron:** St. Nicholas Owen, SJ  
**Groups:** Reuter; St. Alan; St. Anastasia  
**Director:** Fr. Damian Torres-Botell, SJ

### **Thursday-Saturday, Mar. 28-30**

#### **(Holy Week Retreat)**

**Patron:** Fr. Pierre Teilard de Chardin, SJ  
**Director:** Fr. Peter Fennessy, SJ

### **Friday-Sunday, Apr. 19-21**

**Patron:** St. Peter Canisius, SJ  
**Groups:** St. Frances Cabrini; St. Hugo  
**Director:** Fr. Robert Scullin, SJ

### **Friday-Sunday, May 3-5**

#### **(Christian Meditation)**

**Patron:** Fr. Roberto de Nobili, SJ **Directors:** Fr. Leo Cachat SJ, DiAnne Schultz and Mary Gresens

### **Friday-Sunday, May 31-June 2**

#### **(Urban Parishes Retreat)**

**Patron:** St. Peter Claver, SJ **Directors:** Fr. Robert Scullin, SJ and Retreat Team